

## CURRICULUM VITAE



**Jeremiah Weinstock, Ph.D., ABPP**

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Department of Psychology

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### **Licensed Clinical Psychologist:**

- Missouri #2010033592 (2010-present)
- Board Certified – Addiction Psychology by the American Board of Professional Psychology (ABPP; 2024 - Present)
- Connecticut #002787 (2007-2015)

## **RESEARCH INTERESTS**

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Addiction Interventions, Gambling Disorder, and Exercise Adherence

## **CURRENT EMPLOYMENT**

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### **Chair**

2021-Present

Department of Psychology

Saint Louis University, St. Louis, MO

- Oversee and coordinate a department with over 25 full-time faculty, 3 PhD programs, 2 undergraduate majors, and 1 undergraduate minor.
- Responsible overseeing curriculum development and delivery, budget oversight, event planning, and personnel management.
- Ensure implementation and adherence to university policies and procedures.
- Support and maintain a vibrant academic culture.
- Develop and implement strategic initiatives for sustained growth and adherence to best practices within the field of psychology.

### **Professor (Tenured)**

2020-Present

Department of Psychology

Saint Louis University, St. Louis, MO

- Principal investigator for studies (1) investigating exercise as an intervention for substance use disorders and (2) examining etiology and correlates of addiction broadly, and gambling disorder more specifically.
- Instructor of record for graduate and undergraduate courses in psychology.
- Mentor for undergraduate psychology majors and clinical psychology doctoral students.
- Provider of service to the profession, university, college, and department.

## ACADEMIC BACKGROUND

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<b>Doctor of Philosophy (PhD) - Clinical Psychology</b> The University of Memphis - Memphis, Tennessee	2004
<b>Predoctoral Clinical Psychology Internship</b> Southwest Consortium Predoctoral Psychology Internship - Albuquerque, New Mexico	2003-2004
<b>Master of Science (MS) - Psychology</b> The University of Memphis - Memphis, Tennessee	2002
<b>Bachelor of Arts (BA) - Psychology</b> Brandeis University - Waltham, Massachusetts	1996

## HONORS AND AWARDS

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2007 – NIDA HIV/AIDS Research Development Seminar Participant  
 2012 – Invited guest of student-athlete to Department of Athletics' Straight A Luncheon  
 2013, 2014, 2016 – Identified on Saint Louis University senior exit survey as "person who helped students be successful".  
 2016 – Nominated for SLU College of Arts & Sciences Graduate Mentoring Award  
 2017 – Nominated for SLU College of Arts & Sciences Undergraduate Mentoring Award  
 2021 – Fellow, Association for Behavioral and Cognitive Therapies  
 2022 – Fellow, Saint Louis University Research Institute

## PREVIOUS EMPLOYMENT

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<b>Associate Professor (Tenured)</b> <ul style="list-style-type: none"> <li>Principal investigator for studies (1) investigating exercise as an intervention for substance use disorders and (2) examining etiology and correlates of addiction broadly, and gambling disorder more specifically.</li> <li>Instructor of record for graduate and undergraduate courses in psychology.</li> <li>Mentor for undergraduate psychology majors and clinical psychology doctoral students.</li> <li>Provider of service to the profession, university, college, and department.</li> </ul>	2015-2020
<b>Assistant Professor (Tenure-track)</b> Department of Psychology Saint Louis University, St. Louis, MO <ul style="list-style-type: none"> <li>Principal investigator for studies (1) investigating exercise as an intervention for substance use disorders and (2) examining etiology and correlates of addiction.</li> <li>Instructor of record for graduate and undergraduate courses in psychology.</li> <li>Mentor for undergraduate psychology majors and clinical psychology doctoral students.</li> <li>Provider of service to the profession, university, college, and department.</li> </ul>	2010-2015

**Assistant Professor (In Residence)**

2009-2010

Calhoun Cardiology Center – Behavioral Health

University of Connecticut Health Center - Farmington, Connecticut

- Principal investigator for grants investigating exercise as an intervention for hazardous drinking and alcohol use disorders.
- Co-investigator for several NIH funded clinical trials related to addictions treatment (gambling and substance use disorders). Responsibilities included project coordination, supervision of research assistants and research therapists, data management, providing gambling and substance use interventions to participants, and IRB reporting.

**Postdoctoral Research Fellow**

2006-2009

Department of Psychiatry

University of Connecticut Health Center - Farmington, Connecticut

- Principal investigator for pilot study investigating exercise as an intervention for hazardous drinking and alcohol use disorders.
- Co-investigator for several NIH funded clinical trials related to addictions treatment (gambling and substance use disorders). Responsibilities included project coordination, supervision of research assistants and research therapists, data management, providing gambling and substance use interventions to participants, and IRB reporting.

**NIAAA T-32 Postdoctoral Fellow**

2004-2006

Alcohol Research Center

University of Connecticut Health Center - Farmington, Connecticut

Mentor: Nancy Petry, Ph.D.

- Primary activities included manuscript preparation including literature searches, database management, data analysis, and writing peer-reviewed gambling and contingency management research.
- Assisted with preparation of NIH grant applications for gambling and contingency management clinical trials including literature searches, study design, and writing of therapy manuals.
- Therapist for two NIH funded addiction randomized clinical trials.

**Research Associate**

1996-1998

Harvard Business School

Boston, Massachusetts

Supervisor: Teresa M. Amabile, Ph.D.

- Coordinated large study investigating impact of daily events on creativity in new product development business teams. This study is the basis for the book *The Progress Principle: Using Small Wins to Ignite Joy, Engagement, and Creativity at Work*.
- Prepared Harvard Business School case study focusing on creativity at a major advertising agency, including conducting interviews, background research, and writing.

## TEACHING EXPERIENCE

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### Instructor of Record

Graduate – Cognitive Behavioral Interventions

- Saint Louis University: F2023

Graduate - Clinical Health Psychology

- Saint Louis University: S2012, S2015, S2018, S2020, S2023

Graduate - Addictions: Assessment and Intervention

- Saint Louis University: S2011, S2014, S2016, S2019, S2025

Undergraduate - Abnormal Psychology

- Saint Louis University: F2010, F2011, F2012, F2013, F2014, F2016, F2017, F2019, F2020
  - Includes additional honors section in F2012, F2013, F2014, F2020
- University of Memphis: F2002, S2003

Undergraduate - Introduction to Psychology

- Briarwood College: F2009

Undergraduate - Psychological Statistics

- University of Memphis: F2001

### Invited Guest Lecturer

SLU - School of Public Health - Applied Research Skills II: Grant Writing	2023
SLU - School of Medicine - Behavioral Health and Medicine	2016-2019
SLU - Applied Behavioral Analysis Integrated Seminar III	2012-2014
University of Connecticut, Storrs - Graduate Seminar in Exercise Prescription	2009
University of Connecticut Health Center - PGY-1 Residents Seminar	2008
University of Connecticut, Storrs - Graduate Seminar in Allied Health	2007

## CLINICAL EXPERIENCE

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### Private Practice

2011-Present

St. Louis, MO

- Provides psychological assessment and psychotherapy to clients seeking services related to addiction. Typical caseload is 1-2 clients.

### Clinical Supervisor

2011-Present

Department of Psychology

Saint Louis University, St. Louis, MO

- Supervised in both group and individual meetings clinical psychology doctoral students providing services in the on-campus outpatient Psychological Services Center and in local community agencies and as behavioral health consultants in primary care and dental clinics.

- Range of services provided including screening, brief intervention, therapy and psychological assessment for a variety of clinical presentations and disorders including personality, mood, anxiety, substance use, and learning.

**Clinical Supervisor** 2006-2009

Department of Psychiatry

University of Connecticut Health Center, Farmington, CT

- Supervised seven research therapists in addiction psychotherapy clinical trials.
- Supervised two first year psychiatry residents during inpatient rotation.

**Psychology Intern** 2003-2004

Southwest Consortium Predoctoral Psychology Internship

Albuquerque, NM

- Rotations in Substance Use Disorders, Consultation & Liaison, Behavioral Medicine, and Acute Adult Psychiatric Inpatient Unit.

**Clinic Coordinator and Therapist** 1999-2003

The Gambling Clinic: A Center for Self-Change

The University of Memphis, Memphis, Tennessee

- Provided manualized gambling treatment and follow-up that included motivational enhancement and cognitive behavioral interventions.

**Sport Psychology Consultant** 1998-2003

Department of Psychology

The University of Memphis, Memphis, Tennessee

- Provided sport psychology services to team and individual collegiate and amateur athletes.
- Assessed potential 2002 and 2003 NBA draft picks for Memphis Grizzlies via structured interview and standardized assessment battery.

## **PEER REVIEW PUBLICATIONS**

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(N = 70; # undergraduate students; \* graduate students; § invited submission)

Thomas, L. H.,\* Meckes, S. J., Peter, S. C., Clarke, I., Ross, M. J., Harvey, R. D., & **Weinstock, J.** (in press). Emergency healthcare providers' positive regard for patients with opioid use disorder: Exploring the intersectional influence of race and medical condition.

*Psychology of Addictive Behaviors.*

Paul, M. L., **Weinstock, J.**, Garner, A. A., & Witkiewitz, K. (2025). Benzodiazepine misuse and alcohol co-use in college student drinkers: Motives and adverse mental health outcomes. *Journal of American College Health*, 1-11.

Rash, C.J., McDonnell, M., Erath, T., Parent, S., Rawson, R., Wattenberg, S, ... **Weinstock, J.** (2025). A call to action: Evidence-based contingency management. *The American Journal of Psychiatry.*

Smoker, M. P., **Weinstock, J.**, Marriott, B. R., Aalsma, M. C., & Adams, Z. W. (2025). Using state opioid response grant funding to disseminate contingency management for substance use disorder treatment in Indiana. *Journal of Substance Use and Addiction Treatment*, 169, 209589.

- Paul, M. L.\*, Meinerding, M.\*, **Weinstock, J.**, Ginley, M. K., Whelan, J. P., & Pfund, R. A. (2024). Minimizing measurement error in treatment outcome estimates: A meta-analysis comparing estimates between the gambling Timeline Followback and other self-report assessments of gambling behavior. *Psychology of Addictive Behaviors*, 38(6), 704-715.
- Meinerding, M.\*, **Weinstock, J.**, Vander Wal, J., & Weaver, T. (2024) Failure to confirm the factor structure of the CEBRACS: An assessment of food and alcohol disturbance. *Journal of American College Health*, 72, 2556-2566.
- McGrath, A. B.\*, **Weinstock, J.**, Cloutier, R.\*, Christensen, M.\*, Taylor, D. J., & Henderson, C., (2023). Examination of college health behaviors and self-reported executive functions. *Journal of American College Health*, 71, 639-649.
- Winograd, R.P., **Weinstock, J.**, Ruiz, A., Coffey, B., Brown, K., Kondai, R., Connors, E., & Smith, C. (2022). Addressing stimulant use disorder through state opioid response grants from the Substance Abuse and Mental Health Services Administration: Missouri's initial approach. *American Journal of Drug and Alcohol Abuse*, 48, 664-650.
- Wessinger, C. M.,\* Inman, C., **Weinstock, J.**, & Weiss, E. P. (2021). Effect of Huperzine A on cognitive function and perception of effort during exercise: A randomized double-blind crossover trial. *International Journal of Exercise Science*, 14(2), 727-741.
- Bello, J., Baxley, C.\*, & **Weinstock, J.** (2021). Preconception health services for women with opioid use disorder: A review and best practice recommendation. *Translational Issues in Psychological Science*, 7(2), 154-165.
- Baxley, C.\*, **Weinstock, J.**, Rash, C. J., Yalch, M. M., Borsari, B., Garner, A. A., & Benware, J. (2021). Changes in secondary outcomes in response to brief interventions for gambling problems in methadone patients. *Addictive Behaviors*, 120, 106953.
- Weinstock, J.**, Fu, Q., Veeramachaneni, K.#, Poe, L.\*, Baxley, C.\*, & Weiss, E. P. (2021). The effects of substance use and physical activity on cognition: The impact of incongruent health behaviors in a cross-sectional study. *Drug and Alcohol Dependence*, 221, 108635.
- Wenzel, K. R., **Weinstock, J.**, & McGrath, A. B.\* (2020). The clinical significance of food addiction. *Journal of Addiction Medicine*, 14(5), 153-159.
- Cho, D., Armeli, S., **Weinstock, J.**, & Tennen, H. (2020). Daily- and person-level associations between physical activity and alcohol use among university students. *Emerging Adulthood*, 8(5), 428-434.
- Rosen, L.,\* **Weinstock, J.**, & Peter, S.C. (2020). A randomized clinical trial exploring gambling attitudes, barriers to treatment, and efficacy of a brief motivational intervention among ex-offenders with disordered gambling. *Journal of Forensic Sciences*, 65(5), 1646-1655.
- Bello, J. K., Hearing, C., Salas, J., **Weinstock, J.**, & Linhorst, D. (2020). Trends in substance use by gender among participants in a jail-based substance use disorder treatment program: 1998-2016. *Journal of Forensic Sciences*, 65(1), 97-102.
- Coral, R.,\* Esposito, F., & **Weinstock, J.** (2020). Don't Go There: A zero-permission geofencing app to alleviate gambling disorder. *2020 IEEE 17th Annual Consumer Communications & Networking Conference*. [Computer science.]
- Mulhauser, K.\*, **Weinstock, J.**, Van Patten, R.V.\*, McGrath, A.B.\*, Merz, Z.C.\*, & White, C.\* (2019). Examining the stability of the UPPS-P and MCQ-27 during initial abstinence and residential treatment for substance use disorder. *Experimental and Clinical Psychopharmacology*, 27(5), 474-481.

- Buchanan, T. W., McMullin, S.\*, Mulhauser, K.\*, **Weinstock, J.**, & Weller, J. A. (2019). Diurnal cortisol and decision making under risk in gambling disorder. *Psychology of Addictive Behaviors*, 34, 218-229.
- Weinstock, J.**, Petry, N. M., Pescatello, L. S., Henderson, C. E., & Nelson, C. R.\* (2019). Randomized clinical trial of exercise for non-treatment seeking adults with alcohol use disorder. *Psychology of Addictive Behaviors*, 34, 65-75.
- Buchanan, T. W., McMullin, S. D.\*, Baxley, C.\*, & **Weinstock, J.** (2019). Stress and gambling. *Current Opinion in Behavioral Sciences*, 31, 8-12.
- Perry, J. E. \*, Hansen, A. \*, Ross, M. J., Montgomery, T. \*, & **Weinstock, J.** (2019). Effectiveness of athletes' mental strategies in maintaining high heart rate variability: Utility of a brief athlete-specific stress assessment protocol. *Journal of Clinical Sport Psychology*, 13, 41-55.
- Baxley, C. \*, **Weinstock, J.**, Lustman, P., & Garner, A. A. (2019). The influence of anxiety sensitivity on opioid use disorder treatment outcomes. *Experimental and Clinical Psychopharmacology*, 27, 64-77.
- April, L. M. \*, & **Weinstock, J.** (2018). The relationship between gambling severity and risk of criminal recidivism. *Journal of Forensic Sciences*, 63, 1201-1206.
- Mulhauser, K. \*, Miller-Short, E. #, & **Weinstock, J.** (2018). Development and psychometric evaluation of the pornography purchase task. *Addictive Behaviors*, 84, 207-214.
- Van Patten, R. \*, **Weinstock, J.**, & McGrath, A.B. \* (2018). Health outcomes in individuals with problem and pathological gambling: An analysis of the 2014 North Carolina Behavioral Risk Factor Survey System (BRFSS). *Journal of Gambling Studies*, 34, 297-306.
- Mulhauser, K. \*, **Weinstock, J.**, Ruppert, P., & Benware, J. (2018). Changes in neuropsychological status during the initial phase of abstinence in alcohol use disorder: Neurocognitive impairment and implications for clinical care. *Substance Use & Misuse*, 53(6), 881-890.
- Perry, J. E. \*, Ross, M. J., **Weinstock, J.**, & Weaver, T (2017). Efficacy of a brief mindfulness intervention to enhance athletic task performance: A randomized controlled trial. *The Sport Psychologist*, 31(4), 410-421.
- Perry, J. E. \*, Ross, M. J., **Weinstock, J.**, & Gfeller, J. (2017). Examining the interrelationships between motivation, conscientiousness, and individual endurance sport performance. *Journal of Sports Sciences*, 5, 146-156.
- Weinstock, J.**, April, L. M. \*, & Kallmi, S. # (2017). Is subclinical gambling really subclinical? *Addictive Behaviors*, 73, 185-191.
- Weinstock, J.**, Farney, M.R. #, Elrod, N. M. \*, Henderson, C. E., & Weiss, E. P. (2017). Exercise as an adjunctive treatment for substance use disorders: Rationale and intervention description. *Journal of Substance Abuse Treatment*, 72, 40-47.
- Rash, C. J., Stitzer, M., & **Weinstock, J.** (2017). Contingency management: New directions and remaining challenges for an evidence-based intervention. *Journal of Substance Abuse Treatment*, 72, 10-18.
- Weinstock, J.**, Petry, N. M., Pescatello, L. S., & Henderson, C. E. (2016). Sedentary college student drinkers can start exercising and reduce drinking after intervention. *Psychology of Addictive Behaviors*, 30, 791-801.

- Weinstock, J.**, Mulhauser, K. R. W.\*, Oremus, E. G.<sup>#</sup>, & D'Agostino, A. R.<sup>#</sup> (2016). Demand for gambling: Development and assessment of a Gambling Purchase Task. *International Gambling Studies*, 16, 316-327.
- §Rash, C. J., **Weinstock, J.**, & Van Patten, R.\* (2016). A review of gambling disorder and substance use disorders. *Substance Abuse and Rehabilitation*, 7, 3-13.
- Brett, E. I.<sup>#</sup>, **Weinstock, J.**, Burton, S., Wenzel, K. R.\*, Weber, S.\*, & Moran, S. (2014). Do the DSM-5 diagnostic revisions affect the psychometric properties of the Brief Biosocial Gambling Screen? *International Gambling Studies*, 14(3), 447-456.
- Weinstock, J.**, Scott, T. L.<sup>#</sup>, Burton, S., Rash, C.J., Moran, S., Biller, W., & Kruegelbach, N., (2014). Current suicidal ideation in gamblers calling a helpline. *Addiction Research & Theory*, 22, 398-406.
- §**Weinstock, J.** & Rash, C. J. (2014). Clinical and research implications of gambling disorder in DSM-5. *Current Addiction Reports*, 1, 159-165.
- Leavens, E.<sup>#</sup>, Marotta, J., & **Weinstock, J.** (2014). Disordered gambling in residential substance use treatment centers: An unmet need. *Journal of Addictive Diseases*, 33, 163-173.
- Wenzel, K. R.\*, **Weinstock, J.**, Vander Wal, J., & Weaver, T. (2014). Examining the role of negative urgency in a predictive model of bulimic symptoms. *Eating Behaviors*, 15, 343-349.
- Weinstock, J.**, Capizzi, J.\*, Weber, S. M.\*, Pescatello, L. S., & Petry, N. M. (2014). Exercise as an intervention for sedentary hazardous drinking college students: A pilot study. *Mental Health & Physical Activity*, 7, 55-62.
- Weinstock, J.**, Rash, C. J., Burton, S., Moran, S., O'Neil, K., Biller, W., & Kruegelbach, N. (2013). Examination of proposed DSM-5 changes to pathological gambling in a helpline sample. *Journal of Clinical Psychology*, 69, 1305-1314.
- Weinstock, J.**, Massura, C. E.\*, & Petry, N. M. (2013). Professional and pathological gamblers: Similarities and differences. *Journal of Gambling Studies*, 29, 205-216.
- Panza, G.\*, **Weinstock, J.**, Ash, G. I., & Pescatello, L. S. (2012). Psychometric evaluation of the Timeline Followback for exercise among college students. *Psychology of Sport & Exercise*, 13, 779-788.
- Weinstock, J.**, Wadson, H. K.\*, & VanHeest, J. L. (2012). Exercise as an adjunct treatment for opiate agonist treatment: Review of the current research and implementation strategies. *Substance Abuse*, 33, 350-360.
- Rash, C. J., **Weinstock, J.**, & Petry, N. M. (2011). Drinking patterns of pathological gamblers before, during, and after gambling treatment. *Psychology of Addictive Behaviors*, 25, 664-674.
- Petry, N. M., **Weinstock, J.**, & Alessi, S. M. (2011). A randomized trial of contingency management delivered in the context of group counseling. *Journal of Consulting and Clinical Psychology*, 79, 686-696.
- Weinstock, J.**, Burton, S., Rash, C. J., Moran, S., Biller, W., Kruegelbach, N., Phoenix, N., & Morasco, B. (2011). Predictors of engaging in problem gambling treatment: Data from the West Virginia Problem Gamblers Help Network. *Psychology of Addictive Behaviors*, 25, 372-379.
- Weinstock, J.**, Rash, C. J., & Petry, N. M. (2010). Contingency management for cocaine use in methadone maintenance patients: When does abstinence happen? *Psychology of Addictive Behaviors*, 24, 282-291.



- Weinstock, J.** (2010). A review of exercise as intervention for sedentary hazardous drinking college students: Rationale and issues. *Journal of American College Health*, 58, 539-544.
- Petry, N. M., **Weinstock, J.**, Alessi, S. M., Lewis, W. M., & Dieckhaus, K. (2010). Group-based randomized trial of contingencies for health and abstinence in HIV patients. *Journal of Consulting and Clinical Psychology*, 78, 89-97.
- Petry, N. M., **Weinstock, J.**, Morasco, B. J., & Ledgerwood, D. M. (2009). Brief motivational interventions for college student problem gamblers. *Addiction*, 104, 1569-1578.
- Barry, D., **Weinstock, J.**, & Petry, N. M. (2008). Ethnic differences in HIV risk behaviors among methadone-maintained women receiving contingency management for cocaine use disorders. *Drug and Alcohol Dependence*, 98, 144-153.
- Weinstock, J.**, & Petry, N. M. (2008). Pathological gambling college students' perceived social support. *Journal of College Student Development*, 49, 625-632.
- Weinstock, J.**, Barry, D., & Petry, N. M. (2008). Exercise-related activities are associated with positive outcome in contingency management treatment for substance use disorders. *Addictive Behaviors*, 33, 1072-1075.
- Weinstock, J.**, Whelan, J. P., & Meyers, A. W. (2008). College students' gambling behavior: When does it become harmful? *Journal of American College Health*, 56, 513-521.
- Petry, N. M., **Weinstock, J.**, Ledgerwood, D. M., & Morasco, B. J. (2008). A randomized trial of brief interventions for problem and pathological gamblers. *Journal of Consulting and Clinical Psychology*, 76, 318-328.
- §**Weinstock, J.**, Ledgerwood, D. M., Modesto-Lowe, V., & Petry, N. M. (2008). Ludomania: Cross-cultural examinations of gambling and its treatment. *Revista Brasileira de Psiquiatria*, 30, S3-S10.
- Ledgerwood, D. M., **Weinstock, J.**, Morasco, B., & Petry, N. M. (2007). Clinical features and treatment prognosis of pathological gamblers with and without recent gambling-related illegal behavior. *Journal of the American Academy of Psychiatry and the Law*, 35, 294-301.
- Weinstock, J.**, Whelan, J. P., Meyers, A. W., & McCausland, C. (2007). The performance of two pathological gambling screens in college students. *Assessment*, 14, 399-407.
- Petry, N. M., & **Weinstock, J.** (2007). Internet gambling is common in college students and associated with poor mental health. *American Journal on Addictions*, 16, 325-330.
- Weinstock, J.**, Ledgerwood, D. M., & Petry, N. M. (2007). The association between posttreatment gambling behavior and harm in pathological gamblers. *Psychology of Addictive Behaviors*, 21, 185-193.
- Morasco, B. J., **Weinstock, J.**, Ledgerwood, D. M., & Petry, N. M. (2007). Psychological factors that promote and inhibit pathological gambling. *Cognitive and Behavioral Practice*, 14, 208-217.
- Weinstock, J.**, Whelan, J. P., Meyers, A. W., & Watson, J. M. (2007). Gambling behavior of student athletes and a student cohort: What are the odds? *Journal of Gambling Studies*, 23, 13-24.
- Taylor, D. J., Lichstein, K. L., **Weinstock, J.**, Sanford, S. & Temple, J. R. (2007). A pilot study of cognitive-behavioral therapy of insomnia in people with mild depression. *Behavior Therapy*, 38, 49-57.

- Weinstock, J., Alessi, S. M., & Petry, N. M.** (2007). Regardless of psychiatric severity the addition of contingency management to standard treatment improves retention and drug use outcomes. *Drug and Alcohol Dependence*, 87, 288-296.
- Weinstock, J., Armentano, C., & Petry, N. M.** (2006). Prevalence and health correlates of gambling problems in substance abuse counselors. *American Journal on Addictions*, 15, 144-149.
- Weinstock, J., Blanco, C., & Petry, N. M.** (2006). Health correlates of pathological gambling in a methadone maintenance clinic. *Experimental and Clinical Psychopharmacology*, 14, 87-93.
- Weinstock, J., Whelan, J. P., & Meyers, A. W.** (2004). Behavioral assessment of gambling: An application of the Timeline Followback method. *Psychological Assessment*, 16, 72-80.
- Brewer, B. W., Van Raalte, J. L., Petitpas, A. J., Sklar, J. H., Pohlman, M. H., Krushell, R. J., Ditmar, T. D., Daly, J. M., & **Weinstock, J.** (2000). Preliminary psychometric evaluation of a measure of adherence to clinic-based sport injury rehabilitation. *Physical Therapy in Sport*, 1, 68-74.

## **BOOK CHAPTERS, LETTERS, & OTHER SCHOLARLY WORKS**

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(§ invited submission)

- Smith, N. D. L. et al. (2024). A response to “A meta-review to guide military screening and treatment of gambling problems.” [Letter to the editor.] *Military Medicine*, usae467. <https://doi.org/10.1093/milmed/usae467>
- §**Weinstock, J.** (2018). Incorporating personalized feedback into gambling disorder treatment. *International Centre for Youth Gambling Problems and High Risk Behaviors Newsletter*, 18(2), 4-6.
- §**Weinstock, J., & Ledgerwood, D. M.**, (2018). Remembering Dr. Nancy M. Petry. *Journal of Behavioral Addictions*, 7, 499-500.
- Weinstock, J.** (2018). Call to action for gambling disorder in the United States [Letter to the editor]. *Addiction*, 113, 1156-1158.
- §**Pearson, M., & Weinstock, J.** (2017). Devil’s advocate on contingency management. *The Addictions Newsletter for the American Psychological Association, Division 50*, 6-7.
- Weinstock, J., & Petry, N. M.** (2016). Reinforcing behavior change [Peer commentary on the paper “Framing financial incentives to increase physical activity among overweight and obese adults: A randomized, controlled trial” by M.S. Patel et al.]. *Annals of Internal Medicine*, 165(8), 599. doi: 10.7326/L16-0281
- §**Weinstock, J.** (2015). The Wiley-Blackwell Handbook of Disordered Gambling, edited by David C.S. Richard, Alex Blaszczynski and Lia Nower [Review of the book *The Wiley-Blackwell Handbook of Disordered Gambling*, edited by David C.S. Richard, Alex Blaszczynski and Lia Nower.]. *Addiction*, 110, 187.
- §**Morasco, B. J., Ledgerwood, D. M., Weinstock, J., & Petry, N. M.** (2009). Cognitive-behavioral approaches to pathological gambling. In G. Simos (Ed.), *CBT: A Guide for the Practicing Clinician – Volume II* (pp. 112-126). London: Psychology Press.
- §**Petry, N. M., & Weinstock, J.** (2007). Comorbidity and mental illness in pathological gambling. In *Research and Measurement Issues in Gambling Studies* (Smith, G., Hodgins, D., & Williams, R., Eds.). San Diego, CA: Elsevier.
- Amabile, T. M., & **Weinstock, J.** (1998). *Arnold Communications*. Harvard Business School Case Study 9-899-083. Cambridge, MA: Harvard Business School Press.

## **MANUSCRIPTS UNDER REVIEW** (#undergraduate students; \*graduate students)

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- Schroeder, A. R., Borato, L.,\* Strom, A., Chen, K., Stanley, Z., **Weinstock, J.**, Chavan, N. (2025). *Smoking cessation counseling among pregnant individuals with substance use disorder: A comparative mixed-methods study of patient and provider perspectives*. Manuscript submitted for publication.
- Newman S.T., Carpenter, R.W., Coffey, B., Blanchard B.A., Thater, P., Ruiz, N., **Weinstock, J.**, Winograd, R.P. (2025). *An evaluation of a contingency management pilot program for stimulant use disorder in Missouri*. Manuscript submitted for publication.
- Weinstock, J.**, Wenzel, K. R., Baxley, C., Fitterman-Harris, H.F.,\* & Buchanan, T.W. (2024). *Common subtypes across addictions: Alcohol, gambling, and food*. Manuscript submitted for publication.
- Baxley, C.\*, **Weinstock, J.**, & Buchanan, T.W. (2025). *Anxiety sensitivity: Exploring its relationship to gambling disorder*. Manuscript submitted for publication.
- Weinstock, J.**, Van Patten, R.\*, Mulhauser, K.\*, & Buchanan, T.W. (2025). *The influence of acute stress and addiction on risk-taking: Comparison between gambling disorder and alcohol use disorder*. Manuscript submitted for publication.

## **ACADEMIC PRESENTATIONS** (#undergraduate students; \*graduate students)

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- Grubbs, J.B., Kraus, S.W., **Weinstock, J.**, & Connolly, A.J. (2025, November). *Addressing gambling behaviors and problems in the wake of rapidly expanding access: Perspectives from public and behavioral health*. Panel presented at the 59<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapy. New Orleans, LA.
- Rash, C.J., **Weinstock, J.**, Adams, Z., & Emery, N. (2025, November). *When good treatments meet bad policy: Defending the integrity of evidence-based services*. Panel presented at the 59<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapy. New Orleans, LA.
- Weinstock, J.** (2025, July). *Guilt and shame in the context of gambling disorder treatment*. Oral presentation at the National Conference on Gambling Addiction and Responsible Gambling 2025, Columbus, OH.
- Paul, A., Marler, K., Bello-Kottenstette, J., & **Weinstock, J.** (2024, July). *CHOICES-PLEAS: A preconception health intervention for incarcerated women with substance use disorders*. Oral presentation at the Summer Research Fellowship Final Presentation, Saint Louis University School of Medicine, St Louis, MO.
- Weinstock, J.** (2024, June). *Utilizing contingency management in addiction treatment*. Grand Rounds, Department of Psychiatry, Saint Louis University School of Medicine, St. Louis, MO.
- Weinstock, J.** (2024, April). *Gambling as a target for health behavior change*. Research Seminar, Center for Behavioral Economic Health Research, University of Florida. Virtual.
- Borato, L.\* & **Weinstock, J.** (2024, February). *Cognitive functioning in bariatric eligible SWAN patients*. Oral presentation at the 52nd Annual International Neuropsychological Society Conference, New York, NY.
- Weinstock, J.** (2024, January). *Introduction and overview of gambling disorder and its treatment*. Grand Rounds, Department of Psychiatry, Saint Louis University School of Medicine, St. Louis, MO.

- Weinstock, J.** (2023, October). *Trends shaping the future of responsible gaming*. Invited panel discussion conducted at the 24<sup>th</sup> International Center for Responsible Gaming Conference on Gambling and Addiction, Las Vegas, NV.
- Weinstock, J.** (2023, September). *Addiction and its treatment*. Invited presentation at the University of Missouri, St. Louis Addiction Science Grand Rounds, St. Louis, MO.
- Weinstock, J.** (2023, March). *Research on Responsible Gaming: Where Are We Going?* Invited panel discussion webinar hosted by the International Center for Responsible Gaming. Virtual.
- Weinstock, J.** (2021, March). *Exercise as an intervention for substance use disorders*. Invited presentation to Saint Louis University's Nu Rho Psi Neuroscience Club, St. Louis, MO.
- Weinstock, J.** (2020, November). A risky proposition: College students' ideas about what gambling is. In L. Holt (Chair), *Evidence-based interventions for college student health behaviors: Improving buy-in and navigating barriers to implementation*. Symposium presented at the 54<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Virtual.
- Weinstock, J.,** Buchanan, T.W., Mulhauser, K.R.,\* & Van Patten, R.\* (2019, November). Examining gambling disorder from a behavioral economic perspective. In S.F. Acuff (Chair), *Reframing behavioral addictions as a reinforcer pathology: Implications for theory and practice*. Symposium presented at the 53<sup>rd</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Bello, J.K., Salas, J., Hearing, C., **Weinstock, J.,** & Linhorst, D. (2019, November) *Trends in substance use by gender among participants in a jail-based substance use disorder treatment program: 1998-2016*. Oral presentation at the North American Primary Care Research Group 47th Annual Meeting, Toronto Ontario, Canada.
- Weinstock, J.** (2019, July). *Exercise as an intervention for addiction: The how and the why*. Invited colloquia at Research and Education Services, VA St. Louis Healthcare System, St. Louis, MO.
- Weinstock, J.** (2019, March). *Treatment of gambling disorder with an emphasis in high-risk populations*. Invited presentation at Missouri University of Science & Technology, Department of Psychology, Rolla, MO.
- Baxley, C.,\* **Weinstock, J.,** Garner, A.A., & Lustman, P.J. (2018, November). Exploring anxiety sensitivity in opioid use disorder treatment outcomes. In A.H. Rogers & J. Bakhshae (Chairs), *Transdiagnostic cognitive-affective vulnerability factors in the context of comorbid emotional problems and opioid misuse*. Symposium conducted at the 52<sup>nd</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Wenzel, K., & **Weinstock, J.** (2017, November). Do latent subtypes generalize across addictions? Examining alcohol, gambling, and food addiction. In **J. Weinstock** (Chair), *Underlying risk factors of addictions and their implication for treatment*. Symposium conducted at the 51<sup>st</sup> annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Weinstock, J.** (2017, October). *ICD versus DSM-5: Should gambling be moved to addiction in ICD-11?* Invited speaker at the 18<sup>th</sup> Annual Conference on Gambling and Addiction, National Center for Responsible Gambling, Las Vegas, NV.

- Weinstock, J.** (2016, November). *Behavior therapy and addictive behaviors: Present and Future*. Panel discussion conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Buchanan, T., Van Patten, R.\*, Farney, M.R.#, Mulhauser, K.\*, & **Weinstock, J.** (2016, September). *How does stress affect decision making in individuals with gambling disorders?* Paper presented at International Society of Psychoneuroendocrinology, Miami, FL.
- Weinstock, J.** (2016, June). *The new diagnostic code for gambling disorder in the DSM-5: What are the implications for public health policy?* Invited presenter at the National Center for Responsible Gaming's State of the Science Conference, Boston, MA.
- Henderson, C.E., & **Weinstock, J.** (2016, June). *Integrative data analysis (IDA) of exercise-based interventions for alcohol use*. Paper presented at the 39<sup>th</sup> Research Society on Alcoholism Scientific Meeting, New Orleans, LA.
- Weinstock, J.** (2015, November). *Behavior therapy and addictive behaviors: Past, Present, and Future*. Panel discussion conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Wenzel, K. R.\*, Weber, S. M.\*, Wilkerson, R. A.\*, Loo, K.#, McGinn, M.#, & **Weinstock, J.** (2015, July). *Problem drinking and alcohol consequences among U.S. and Guatemalan college students*. Paper presented at the XXXV Interamerican Conference of Psychology, Lima, Peru.
- Weinstock, J.**, Petry, N. M., Pescatello, L. S., & Nelson, C.\* (2014, November). Motivational intervention for exercise in sedentary nontreatment seekers with an alcohol use disorder. In **J. Weinstock** & C. Rash (Co-Chairs), *Developing and disseminating contingency management interventions for behavior change*. Symposium conducted at the 48<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- Marotta, J., Leavens, E. L.#, & **Weinstock, J.** (2013, May). *Disordered gambling in residential substance use treatment centers: An unmet need*. Paper presented at the 15th International Conference on Gambling & Risk Taking. Las Vegas, NV.
- Weinstock, J.**, & Rash, C. J. (2012, November). Potential impact of proposed DSM-5 pathological gambling criteria and comparison to DSM-IV criteria in a help-seeking sample. In D.W. Foster and C. Neighbors (Chairs). *Best bets in gambling research: New directions in identification, etiology, and prevention of problematic gambling*. Symposium conducted at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Weinstock, J.** (2012, November). *Exercise and physical activity interventions as adjunctive or stand-alone treatments for psychiatric and substance use conditions*. Panel discussion conducted at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Weinstock, J.** (2012, October). *What motivates people with gambling problems to seek help?* Invited paper presented at the 13<sup>th</sup> National Center for Responsible Gaming Conference on Gambling and Addiction, Las Vegas, NV.
- Weinstock, J.**, Pescatello, L. S., & Petry, N. M. (2011, November). Motivational interventions for exercise in sedentary hazardous drinking college students. In M.W. Otto and J. Smits (Chairs). *Exercise for physical and mental health: Targets for intervention*

- and dissemination for CBT therapists.* Symposium conducted at the 45<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Rash, C. J., **Weinstock, J.**, Burton, S., Moran, S. (2011, July). *Comparison of DSM-IV and V changes in a help-seeking sample.* Paper presented at the 25<sup>th</sup> National Conference on Problem Gambling, Boston, MA.
- Wogtsch, M. D.\*, **Weinstock, J.**, Ash, G. \*, & Pescatello, L. S. (2011, June). *Motivational interventions effects on physical activity motivation in college students.* Medicine and Science in Sports and Exercise, 43(5-Supplement 1), 75.
- Panza, G. A.\*, **Weinstock, J.**, Ash, G. I.\*, & Pescatello, L. S. (2010, November). *Validity of the Timeline Followback for exercise among college students.* Paper presented at New England American College of Sports Medicine 2009 Annual Meeting, Providence, RI.
- Wogtsch, M. D.\*, **Weinstock, J.**, Ash, G. I.\*, & Pescatello, L. S. (2010, November). *Motivational interventions effects on physical activity motivation in college students.* Paper presented at New England American College of Sports Medicine 2009 Annual Meeting, Providence, RI.
- McDaniel, S. R., Smith, G. J., & **Weinstock, J.** (2010, August). *Investigating risk-taking factors in gambling motivations and problem gambling in college students.* Paper presented at American Marketing Association 2010 Summer Marketing Educators' Conference, San Diego, CA.
- Walker, T. J.\*, Petry, N. M., **Weinstock, J.**, & Pescatello, L. S. (2010, June). *The influence of contingency management on physical activity levels among HIV-positive substance users.* Paper presented at American College of Sports Medicine 2010 Annual Meeting, Baltimore, MD.
- Walker, T. J.\*, Petry, N. M., **Weinstock, J.**, Pescatello, L. S. (2009, November). *The influence of contingency management on physical activity among HIV-positive substance users.* Paper presented at New England American College of Sports Medicine 2009 Annual Meeting, Providence, RI.
- Weinstock, J.**, Ledgerwood, D. M., & Petry, N. M. (2009, May). *Brief interventions for disordered gambling.* Paper presented at the 14<sup>th</sup> International Conference on Gambling and Risk-Taking, Stateline, NV.
- Weinstock, J.**, & Petry, N. M. (2009, May). *Professional and pathological gamblers: Similarities and differences.* Paper presented at the 14<sup>th</sup> International Conference on Gambling and Risk-Taking, Stateline, NV.
- Weinstock, J.** (2008, September). *Post-treatment gambling and harm in pathological gamblers.* Invited paper presented at Ontario Problem Gambling Research Centre Symposium on Low-Risk Behavioural Guidelines for Gambling, Calgary, Alberta, Canada.
- Weinstock, J.** (2007, March). *Use of contingency management (vouchers) in problem gambling treatment.* Invited paper presented at the annual conference of the Alberta Gaming Research Institute, Banff, Alberta, Canada.
- Weinstock, J.**, Petry, N. M., Alessi, S. M., & Ledgerwood, D. M. (2006, November). *Dissemination and training of contingency management for substance use disorders.* Paper presented at the 2006 Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Taylor, D. J., Lichstein, K. L., **Weinstock, J.**, Sanford, S. (2005, June). *Cognitive behavioral therapy of insomnia in people with major depressive disorder.* Paper presented at 19<sup>th</sup> Annual Meeting of Associated Professional Sleep Societies, Denver, CO.

- Weinstock, J., Whelan, J. P., & Meyers, A. W.** (2004, October). *Behavioral indicators of pathological gambling*. Paper presented at the Institute for Problem Gambling's International Symposium on Problem Gambling and Co-Occurring Disorders, Mystic, CT.
- Weinstock, J., Whelan, J. P., & Meyers, A. W.** (2003, May). *Behavioral assessment of gambling*. Paper presented at the 12<sup>th</sup> International Conference on Gambling and Risk-Taking, Vancouver, BC.
- Weinstock, J., & Whelan, J. P.** (2001, May). *College age gambling: Ideas for health promotion*. Paper presented at the Memphis in May Student Affairs Conference, Memphis, TN.
- Weinstock, J., Whelan, J. P., & Meyers, A. W.** (2000, June). *Gambling among collegiate athletes and non-athletes: Is there much action off the field?* Paper presented at the 11<sup>th</sup> International Conference on Gambling and Risk-Taking, Las Vegas, NV.
- Amabile, T. M., **Weinstock, J.**, & Archambault, S. (1998, August). *The relationship between work environment and creativity*. Paper presented at the annual meeting of the Academy of Management, San Diego, CA.
- Amabile, T. M., Whitney, D., **Weinstock, J.**, Miller, L., & Fallang, C. (1997, August). *What really happens in creative projects: Event sampling through electronic data collection*. Paper presented at the annual meeting of the Academy of Management, Boston, MA.

## CLINICAL TRAININGS PROVIDED

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*[Discontinued listing these training as of January 2025; they are too numerous. I provide 1 to 3 trainings per month.]*

- Weinstock, J.** (2024, November). *Guilt and shame in the context of gambling disorder treatment*. Invited 1-hour presentation at the Mid-Central Problem Gambling Online Fall Conference hosted by the Indiana Council on Problem Gambling.
- Weinstock, J.** (2024, September). *Gambling and suicide: who, why, and what to do*. Invited 2-hour presentation at the Minnesota Alliance on Problem Gambling annual conference, Bloomington, MN.
- Weinstock, J.** (2024, May). *Motivational interviewing for gambling disorder treatment*. Invited 1.5 hour presentation at the Focus on the Future Conference, Portland, OR.
- Weinstock, J.** (2024, May). *Guilt and shame in the context of gambling disorder treatment*. Invited 1-hour presentation at the Focus on the Future Conference, Portland, OR.
- Weinstock, J.** (2024, April). *Gambling and suicide: who, why, and what to do*. Invited 2-hour webinar on behalf of the Iowa Department of Public Health.
- Weinstock, J.** (2024, April). *Cognitive behavioral therapy for gambling disorder*. Invited 2-hour webinar on behalf of the AdCare Educational Institute (Maine).
- Weinstock, J.** (2024, April). *Introduction and overview of sports wagering and its treatment*. Invited 2-hour webinar on behalf of the Iowa Department of Public Health.
- Weinstock, J.** (2024, April). *Context and nuances of sports betting within gambling disorder*. Invited 2-hour webinar on behalf of Oregon Problem Gambling Services.
- Weinstock, J.** (2024, March). *Guilt and shame in the context of gambling disorder treatment*. Invited 1-hour webinar on behalf of Chestnut Health Systems.
- Weinstock, J.** (2024, March). *Gambling and suicide: who, why, and what to do*. Invited 2-hour webinar on behalf of AdCare Educational Institute (Maine).

- Weinstock, J.** (2024, February). *Cognitive behavioral therapy for gambling disorder*. Invited 2-hour webinar on behalf of the Arizona Department of Gambling – Office of Problem Gambling.
- Weinstock, J.** (2024, January). *Introduction to gambling disorder and its treatment*. Invited 90-minute webinar on behalf of AdCare Educational Institute (Maine).
- Weinstock, J.** (2024, January). *Introduction and overview of sports wagering and its treatment*. Invited 2-hour webinar on behalf of the Arizona Department of Gambling – Office of Problem Gambling.
- Weinstock, J.** (2023, December). *Introduction to gambling disorder and its treatment*. Invited 90-minute webinar on behalf the Education Committee of the Society on Addiction Psychology (American Psychological Association – Division 50).
- Weinstock, J.** (2023, December). *Gambling and suicide: who, why, and what to do*. Invited 3-hour webinar for the California Council on Problem Gambling.
- Weinstock, J.** (2023, November). *Sports betting 101 for gambling treatment providers in North Carolina*. Invited 1-hour webinar on behalf of LifeWorks, Inc.
- Weinstock, J.** (2023, October). *Cognitive behavioral therapy for gambling disorder*. Invited 2-hour webinar on behalf of the Connecticut Department of Mental Health and Addiction Services.
- Weinstock, J.** (2023, October). *Gambling and suicide: who, why, and what to do*. Invited 2-hour webinar on behalf of the Connecticut Department of Mental Health and Addiction Services.
- Weinstock, J.** (2023, July). *Gambling and suicide: who, why, and what to do*. Pre-conference workshop for the National Conference on Gambling Addiction & Responsible Gambling presented by the National Council on Problem Gambling, Washington, DC.
- Weinstock, J.** (2023, May). *A primer on cognitive behavioral therapy for gambling disorder*. Invited 4-hour workshop for the Evergreen Council on Problem Gambling Focus on the Future Conference, Seattle, WA.
- Weinstock, J.** (2023, May). *Gambling & suicide: The who, the why, and what to do*. Invited 2-hour workshop for the Evergreen Council on Problem Gambling Focus on the Future Conference, Seattle, WA.
- Weinstock, J.** (2023, March). *Gambling & suicide: The who, the why, and what to do*. Invited 3-hour webinar for Chestnut Health Systems, Inc, Granite City, IL.
- Weinstock, J.** (2022, October). *Gambling & suicide: The who, the why, and what to do*. Invited 3-hour webinar for Delaware Council on Gambling Problems.
- Weinstock, J. & Ledgerwood, D.** (2022, July). *A primer on cognitive behavioral therapy for gambling disorder*. National Conference on Gambling Addiction & Responsible Gambling, Boston, MA.
- Weinstock, J.** (2022, June). *Gambling & suicide: The who, the why, and what to do*. Invited 3-hour webinar for LifeWorks, Inc.
- Weinstock, J.** (2022, May). *Context and nuances of treating sports betting within gambling disorder*. Invited webinar for Kansas Coalition for Problem Gambling.
- Weinstock, J.** (2022, May-September). *Designing and implementing contingency management interventions for health behavior change*. Online 7-hour training and follow-up technical assistance support calls for Indiana University, School of Medicine.
- Weinstock, J.** (2022, March). *Gambling disorder 101: A primer on the disorder and policy recommendations*. Invited webinar for Chestnut Health Systems, Granite City, IL.



- Weinstock, J.** (2022, March). *A primer on cognitive behavioral therapy for gambling disorder*. Invited webinar for Chestnut Health Systems, Granite City, IL.
- Weinstock, J.** (2021, October). *EPIC Education: Contingency management*. Every Person Impacts Community, Cape Girardeau, MO.
- Weinstock, J.** (2021, September). *Gambling disorder 101: A primer on the disorder and policy recommendations for Missouri*. Missouri Behavioral Health Council Conference, Virtual.
- Weinstock, J.** (2021, September). *Developing and implementing contingency management interventions in the treatment of substance use disorders*. Missouri Behavioral Health Council Conference, Virtual.
- Weinstock, J., Rash, C. J., Becker, S. J., & Countryman, A.** (2021, August). *Treating stimulant use disorder: Introduction to contingency management*. Round table discussion for the Mid-America Addiction Technology Transfer Center, Kansas City, MO.
- Weinstock, J.** (2021, August). *A primer on cognitive behavioral therapy for gambling disorder*. Invited webinar for the Illinois Council on Problem Gambling.
- Weinstock, J.** (2021, March). *Incorporating personalized feedback into gambling disorder treatment*. Invited webinar for Chestnut Health Systems, Inc., Granite City, IL.
- Weinstock, J.** (2020, December). *Gambling, stress, and how they interact*. Invited webinar for the Illinois Council on Problem Gambling.
- Weinstock, J.** (2020, December). *Review of different gambling patient profiles*. Invited webinar for the Illinois Council on Problem Gambling.
- Weinstock, J.** (2020, July). *Why gambling problems – past or present – matter in substance use disorders treatment*. Invited webinar for the Illinois Council on Problem Gambling.
- Weinstock, J.** (2020, March-August). *Designing and implementing contingency management interventions for health behavior change*. Online 7-hour training and follow-up technical assistance support calls for Missouri Department of Mental Health.
- Rash, C.J., & Weinstock, J.** (2019, November). *Designing contingency management interventions for health behaviors*. Ticketed workshop presented at the 53<sup>rd</sup> annual convention of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
- Weinstock, J.** (2019, July). *Gambling behavior: It's functional*. Paper presented at the 33<sup>rd</sup> National Conference on Gambling Addiction & Responsible Gambling, Denver, CO.
- Weinstock, J.** (2019, April). *The case for integration of gambling disorder into mental health and addiction treatment*. Invited keynote speaker at the 42<sup>nd</sup> Annual Governor's Conference on Substance Abuse, Des Moines, IA.
- Weinstock, J.** (2019, April). *Gambling behavior: It's functional*. Invited speaker at the 42<sup>nd</sup> Annual Governor's Conference on Substance Abuse, Des Moines, IA.
- Weinstock, J.** (2019, February). *Gambling behavior: It's functional*. Invited webinar for the Florida Council on Compulsive Gambling.
- Weinstock, J.** (2018, July). *Incorporating personalized feedback into gambling disorder treatment*. Paper presented at the 32<sup>nd</sup> National Conference on Gambling Addiction & Responsible Gambling, Cleveland, OH.
- Weinstock, J.** (2018, March). *Assessment and treatment of gambling disorder with an emphasis on high risk populations*. Invited keynote speaker at Michigan's 10<sup>th</sup> Annual Gambling Disorder Symposium, Novi, MI.
- Weinstock, J.** (2018, March). *Gambling behavior: It's functional*. Invited keynote speaker at Michigan's 10<sup>th</sup> Annual Gambling Disorder Symposium, Novi, MI.

- Weinstock, J.** (2017, August). *Gambling disorder: A brief overview*. Invited presentation on the monthly training oriented conference call of American Psychological Association, Division 50 (Society of Addiction Psychology).
- Weinstock, J.** (2017, April). *Utilizing exercise as a component of substance use disorders treatment*. Invited speaker at the 40<sup>th</sup> Annual Governor's Conference on Substance Abuse, Des Moines, IA.
- Weinstock, J.** (2016, June). *Using client intake data to generate personalized feedback during gambling disorder treatment*. Paper presented at the 13<sup>th</sup> Annual Midwest Conference on Problem Gambling and Substance Abuse. Kansas City, MO.
- Weinstock, J.** (2016, April). *The need to assess for gambling problems during substance use disorders treatment*. Invited webinar for the Iowa Department of Public Health.
- Weinstock, J., Marotta, J., & Leavens, E.L.<sup>#</sup>** (2015, June). *Why gambling problems – past or present – matter in substance use disorders treatment*. Paper presented at the 12<sup>th</sup> Annual Midwest Conference on Problem Gambling and Substance Abuse. Kansas City, MO.
- Weinstock, J.** (2014, March). *Multifinality and addiction: Same underlying cause, different disorders*. Invited paper presented at California Office of Problem Gambling 5<sup>th</sup> Annual Problem Gambling Training Summit. Berkeley, CA.
- Weinstock, J., & Rash, C. J.** (2012, March). *Co-morbid alcohol use and alcohol use disorders within pathological gamblers*. Invited paper presented at California Office of Problem Gambling 3<sup>rd</sup> Annual Problem Gambling Training Summit. San Diego, CA.
- Weinstock, J., & Rash, C.J.** (2011, November). *Designing contingency management interventions for health behaviors*. Workshop conducted at the 45<sup>th</sup> annual convention of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.

## **POSTER PRESENTATIONS** (#undergraduate students; \*graduate students)

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- Lewis, A., Kelly, J., Raghuraman, N., Paul, R., Barker, A., **Weinstock, J.**, Woofloek, C., Mills, M., Vaughn, B., Williams, S., Townsel, C., Ogungbenle, T., Martinez, A., & Bauman, A. (2025, December). *Designing a hybrid efficacy-implementation randomized control trial for contingency management and social services in two obstetric substance use disorder clinics: Results from qualitative needs assessment*. Poster presented at the 18<sup>th</sup> annual conference on the Science of Dissemination and Implementation in Health. National Harbor, MD.
- Blum, K.,\* **Weinstock, J.**, Ross, M., & Garner, A. (2025, November). *Subgroups of ultramarathon runners: Who are they and why do they run?* Poster presented at the 59<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
- Dehon, J.,\* Garner, A. A., **Weinstock, J.**, & Kaufman, D.A.S. (2025, November). *Self-Care and wellbeing among clinical psychology doctoral students* Poster presented at the 59<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. New Orleans, LA.
- Blum, K.,\* **Weinstock, J.**, Ross, M., & Garner, A. (2025, October). *Subgroups of ultramarathon runners: Who are they and why do they run?* Poster presented at 40<sup>th</sup> Annual Conference for the Association for Applied Sports Psychology, Montréal, Canada.
- Bello, J.K., DeVeydt, A., Velasquez M, von Sternberg, K., **Weinstock, J.**, Grucza, R., & Ramaswamy, M. (2024, December). *CHOICES-PLEAS: Adaptation of a patient-level behavioral intervention to lower the risk of substance exposed pregnancy for women with*

- criminal-legal involvement*. Poster presented at the Academy Health 17<sup>th</sup> Annual Conference on the Science of Dissemination and Implementation in Health. Arlington, VA.
- Blum, K.,\* & **Weinstock, J.** (2024, November). *Factor structure of the Problem Gambling Severity Index in college students*. Poster presented for presentation at the 58<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Meinerding, M.\*, Arett, J.\*, Wolfram, C.#, **Weinstock, J.**, Heiden-Rootes, K., Bello-Kottenstette, J., & Ross, M. J. (2024, November). *Let's talk about sex (and recovery): An examination of sexual wellbeing among women in early substance use remission*. Poster presented for presentation at the 58<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Sawin, K.,\* Bumgardner, S.,\*, Duval, C.,\* Maple, K.,\* Fricke, I.,\* Umrani, A.,\* **Weinstock, J.**, & Stenersen, M. (2024, November). *Sugar dating engagement and attitudes among college students: Through the lens of financial motivations*. Poster presented for presentation at the 58<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Thomas, L.,\* Borato, L.\*, & **Weinstock, J.** (2024, November). *Does motivational intervention for physical activity decrease attrition in sedentary adults starting an exercise program? A survival analysis*. Poster presented for presentation at the 58<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Poe, L.\*, Meinerding, M.\*, & **Weinstock, J.** (2023, November). *Craving disclosure: Social network characteristics that impact help-seeking for people with substance use disorders*. Poster presented at the 57<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
- Blum, K.\*, Meinerding, M.\*, & **Weinstock, J.** (2023, November). *Differences in the affective states experienced by pathways model of gambling subgroups*. Poster presented at the 57<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
- Paul, M. L.\*, Meinerding, M. E.\*, **Weinstock, J.**, Ginley, M. K., Whelan, J. P., & Pfund, R. A. (2023, November). *Type of retrospective assessment moderates the effect of cognitive-behavioral treatment on gambling frequency: A meta-analysis*. Poster presented at the 57<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
- Borato, L.\* & **Weinstock, J.** (2023, November). *Sleep predicts emotional dysregulation in college students*. Poster presented at the 57<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
- Thomas, L., Paul, M., Borato, L., Blum, K., & **Weinstock, J.** (2023, November). *Emergency department personnel attitudes toward treating opioid use disorder: Exploring the intersection of race*. Poster presented at the 57<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
- Meinerding, M. E.,\* Paul, M. L.,\* Zweifel, T. N., Mathews, M. L., **Weinstock, J.**, & Pfund, R. A. (2023, May). *Transdiagnostic prevention and intervention efforts are needed to address executive dysfunction*. Poster presented at the International Conference on Gambling & Risk Taking, Las Vegas, NV.
- Paul, M. L.,\* Meinerding, M. E.,\* **Weinstock, J.**, Ginley, M. K., Whelan, J. P., & Pfund, R. A. (2023, May). *Measurement models matter: How retrospective calendar versus global*

- reports yield different estimates of treatment outcome.* Poster presented at the International Conference on Gambling & Risk Taking, Las Vegas, NV.
- Borato, L., Chang, A., Meinerding, M., Thomas, L., Paul, M., & **Weinstock, J.** (2023, February). *Coping with COVID-19 and executive dysfunction in a college sample.* Poster presented at the 51<sup>st</sup> North American Annual Meeting of the International Neuropsychological Society, San Diego, CA.
- Meinerding, M.,\* Veeramachaneni, K.,<sup>#</sup> Borato, L.,\* Chang, A.,\* Paul, M.,\* Thomas, L.,\* & **Weinstock, J.** (2022, November). *Beyond impulsivity: Examining domains of executive dysfunction across problematic gambling and hazardous drinking in American college students.* Poster presented at the 56<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Paul, M.,\* Chang, A.,\* Veeramachaneni, K.,<sup>#</sup> Meinerding, M.,\* Thomas, L.,\* Borato, L.,\* & **Weinstock, J.** (2022, November). *Predicting sleep problems in veterans receiving substance use disorders treatment.* Poster presented at the 56<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Thomas, L.,\* Chang, A.,\* Paul, M.,\* Borato, L.,\* Meinerding, M.,\* & **Weinstock, J.** (2022, November). *Alcohol use and executive functioning: The buffering role of physical activity.* Poster presented at the 56<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Meinerding, M.,\* Thomas, L.,\* Poe, L.,\* & **Weinstock, J.** (2021, November). *Impact of sexual assault on comorbid disturbed eating and drinking behaviors in college students.* Poster presented at the 55<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual.
- Meinerding, M.,\* Poe, L.,\* & **Weinstock, J.** (2020, November). *A confirmatory factor analysis of the CEBRACS for food and alcohol disturbance.* Poster presented at the 54<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual.
- McGrath, A. B.,\* Meinerding, M.,\* & **Weinstock, J.** (2020, February). *Differences in O-Span working memory capacity based on health behavior engagement.* Poster presented at the 48<sup>th</sup> Annual Meeting of the International Neuropsychological Society, Denver, CO.
- Poe, L.,\* Baxley, C.,\* Benware, J., Lustman, P., & **Weinstock, J.** (2019, November). *Motivational and contingency management interventions on intrinsic and extrinsic motivation to exercise among treatment seeking veterans with alcohol use disorder.* Poster presented at the 53<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Meinerding, M.,\* McGrath, A.,\* J., Swaminath, S.,<sup>#</sup> Thornton, R.,<sup>#</sup> Nolan, M.,<sup>#</sup> & **Weinstock, J.** (2019, November). *Personality differs between three-class structure of health behavior engagement in college students.* Poster presented at the 53<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Baxley, C.,\* Poe, L.,\* King, K.,<sup>#</sup> Benware, J., Lustman, P., & **Weinstock, J.** (2019, November). *Exercise reduces craving among treatment seeking veterans with alcohol use disorder.* Poster presented at the 53<sup>rd</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Wessinger, C.M.,\* Inman, C.L., **Weinstock, J.**, & Weiss, E.P. (May, 2019) *Effect of Huperzine A on cognitive function and perception of effort during exercise.* Poster presented at the American College of Sports Medicine National Conference. Orlando, FL. *Medicine & Science in Sports & Exercise*, 51(supplement).

- Greif, T.\*, Mulhauser, K.\*, Baxley, C.\*, Grant, A.\*, Buchanan, T., Schwarz, L.R., & **Weinstock, J.** (2019, February). *Impact of executive function and cortisol stress responsivity on substance use treatment outcomes in prison inmates*. Poster presented at International Neuropsychological Society annual meeting, New York City, NY.
- McGrath, A. B.\*, Mulhauser, K. \*, & **Weinstock, J.** (2019, February). *Cross-sectional examination of college student health behavior engagement and self-reported executive functions*. Poster presented at the 47th Annual Meeting of the International Neuropsychological Society, New York, NY.
- Mulhauser, K. \*, Poe, L. \*, McGrath, A. B. \*, Lace, J. \*, Schwarz, L. R., Buchanan, T. W., & **Weinstock, J.** (2019, February). *Executive functions and cortisol stress responses: A path analysis of substance use disorder history on CBT treatment outcomes*. Poster presented at the 47<sup>th</sup> Annual Meeting of the International Neuropsychological Society, New York, NY.
- McGrath, A. B. \*, Cloutier, R. \*, Christensen, M. \*, Swaminath, S.#, Sabic, S.#, Nolan, M.#, Foulkrod, T.#, Francis, M.#, Thornton, R.#, Henderson, C., Taylor, D., & **Weinstock, J.** (2018, November). *Health- and risky-behavior clustering in a sample of emerging-adult college students: Examining differences in executive functioning*. Poster presented at the 52<sup>nd</sup> annual convention of the Association for Behavioral Cognitive Therapies, Washington, D.C.
- Osborne, J., **Weinstock, J.**, & Rash, C. (2018, November). *Impact of early exposure of contingency management reinforcement*. Poster presented at the 52<sup>nd</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Poe, L.,\* Baxley, C.,\* Fu, Q., Weiss, T., & **Weinstock, J.** (2018, November). *Is exercise protective of cognitive functioning in the presence of substance use?* Poster presented at the 52<sup>nd</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Miller Short, E.,# Mulhauser, K.,\* April, L.,\* & **Weinstock, J.** (2018, November). *The Pornography Purchase Task*. Poster presented at the 52<sup>nd</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Weinstock, J.**, Van Patten, R.,\* Mulhauser, K.,\* & Buchanan, T.W. (2018, October). *The influence of acute stress and addiction on risk-taking: Comparison between gambling disorder and alcohol use disorder*. Poster presented at the 19<sup>th</sup> Conference on Gambling and Addiction, National Center for Responsible Gambling, Las Vegas, NV.
- Van Patten, R. \*, McGrath, A.B. \*, & **Weinstock, J.** (November, 2017). *Comparison of problem/pathological gamblers to low-risk gamblers on sociodemographic and health-related variables*. Poster presented at 51<sup>st</sup> annual convention of the Association for Behavioral and Cognitive Therapies Conference, San Diego, CA.
- Baxley, C. \*, **Weinstock, J.**, Garner, A., D'Agostino, A. #, Rowan, D. #, & Woods, B. # (November 2017). *The influence of anxiety sensitivity on opioid use disorder treatment outcomes*. Poster presented at 51<sup>st</sup> annual convention of the Association for Behavioral and Cognitive Therapies Conference, San Diego, CA.
- Perry, J. \*, Ross, M., **Weinstock, J.**, & Weaver (2017, October). *Investigation of a brief mindfulness intervention to enhance athletic performance: Research findings and clinical applications*. Poster presented at the 32<sup>nd</sup> Annual Meeting of the Association of Applied Sport Psychology (AASP), Orlando, FL.
- April, L. M. \*, Baxley, C. \*, **Weinstock, J.**, & Buchanan, T. (2017, October). *Coping and distress in gambling disorder with and without PTSD*. Poster presented at the 18<sup>th</sup> Annual

- Conference on Gambling and Addiction, National Center for Responsible Gambling, Las Vegas, NV.
- Baxley, C.,\* April, L.M.,\* **Weinstock, J.**, & Buchanan, T. (2017, October). *Emotion regulation and negative affect among pathological gamblers with social phobia*. Poster presented at the 18<sup>th</sup> Annual Conference on Gambling and Addiction, National Center for Responsible Gambling, Las Vegas, NV.
- McMullin, S.D.,\* Mulhauser, K.,\* **Weinstock, J.**, & Buchanan, T.W. (2017, October). *Dysregulation of diurnal cortisol, as well as affective and deliberative decision making in gambling disorder*. Poster presented at the 18<sup>th</sup> Conference on Gambling and Addiction, National Center for Responsible Gambling, Las Vegas, NV.
- Mulhauser, K.,\* Zane, K.L.,\* Emmert, N.A.,\* Van Patten, R.,\* Elrod, N.,\* & **Weinstock, J.** (2017, February). *Changes in cognition over the course of residential treatment for alcohol use disorder*. Poster presented at the 45<sup>th</sup> Annual Meeting of the International Neuropsychological Society, New Orleans, LA.
- Baxley, C.\*, D'Agostino, A.<sup>#</sup>, Herman, A.<sup>#</sup>, & **Weinstock, J.** (2016, October). *Exploring anxiety sensitivity in gambling disorder*. Poster presented at 50<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies Conference, New York City, NY.
- Nelson, C.R.\*, Thakkar, V.<sup>#</sup>, Gorijala, V.<sup>#</sup>, Oremus, E.<sup>#</sup>, & **Weinstock, J.** (2016, October). *Exercise versus relaxation: Compared effectiveness for college students' well-being*. Poster presented at 50<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies Conference, New York City, NY.
- April, L.\*, Rowan, D.<sup>#</sup>, McGinn, M.<sup>#</sup>, & **Weinstock, J.** (2016, October). *The prevalence of gambling disorder among ex-offenders and its relationship to recidivism*. Poster presented at 50<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies Conference, New York City, NY.
- Weinstock, J.**, Van Patten, R.\*, Farney, M.<sup>#</sup>, Mulhauser, K.\*, & Buchanan, T. (October, 2016). *The effect of acute stress and impulsivity on probabilistic decision making in individuals with addictive disorders and healthy controls*. Poster presented at the 50<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Mulhauser, K.\*, Van Patten, R.\*, Merz, Z.C.\*, Farney, M.<sup>#</sup>, White, C.N.\*, Wenzel, K.\*, & **Weinstock, J.** (2016, October). *Differential relationships among speeded neuropsychological test performance and facets of impulsivity in individuals with substance use disorder*. Poster presented at the 36<sup>th</sup> Annual Conference for the National Academy of Neuropsychology, Seattle, WA.
- Perry, J. E.\*, Ross, M. J., Montgomery, T.\*, Hansen, A.\*, & **Weinstock, J.** (2016, September). *Effectiveness of athletes' coping strategies in maintaining high heart rate variability: Examination of the physiological recovery of collegiate soccer players*. Poster presented at the annual conference for the Association for Applied Sport Psychology, Phoenix, AZ.
- Mulhauser, K.\*, White, C. N.\*, Van Patten, R.\*, Farney, M. R.<sup>#</sup>, Maraldo, T.\*, & **Weinstock, J.** (2016, June). *Abstinence-based changes in neurological functioning during residential treatment for alcohol and cocaine use disorders*. Poster presented at the 14<sup>th</sup> Annual Conference for the American Academy of Clinical Neuropsychology, Chicago, IL.
- Caver, L.\*, Musa, I.\*, Askew, R., Colvin, S., Walls, G., & **Weinstock, J.** (2015, November). *Integrated behavioral health services at Myrtle Hilliard Davis Comprehensive Health*

- Centers*. Poster presented at the annual Making a Difference in North St. Louis Symposium, St. Louis, MO.
- Reinholz, B.<sup>#</sup>, Maraldo, T.M.\*, Zeisig, K.<sup>#</sup>, Sladky, S.M.\*, & **Weinstock, J.** (November, 2015). *Stress reactivity and antisocial personality disorder traits in an addiction sample*. Poster presented at the 49<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.
- Weinstock, J.**, Wenzel, K.R.\*, Kallmi, S.<sup>#</sup>, & April, L.\* (November, 2015). *Is subclinical gambling really subclinical?* Poster presented at the 49<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.
- Oremus, E.<sup>#</sup>, Mulhauser, K.\*, D'Agostino, A.<sup>#</sup>, & **Weinstock, J.** (November, 2015). *Expanding alcohol demand construct to gambling: Does it translate?* Poster presented at the 49<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.
- Wenzel, K.R.\*, Weber, S.M.\*, Wilkerson, R.A.\*, McGinn, M.<sup>#</sup>, Loo, K.<sup>#</sup>, & **Weinstock, J.** (November, 2015). *Problem drinking and alcohol consequences among U.S. and Guatemalan college students*. Poster presented at the 49<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Weber, S.M.\*, Peter, S.C.<sup>#</sup>, & **Weinstock, J.** (November, 2015). *Does differential coping affect allostatic load in addiction?* Poster presented at the 49<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.
- Perry, J. E.\*, Ross, M. J., **Weinstock, J.**, & Gfeller, J. (2015, October). *Examining the interrelationships between motivation, conscientiousness, and individual endurance sport performance*. Poster presented at the annual meeting of Association for Applied Sport Psychology, Indianapolis, IN.
- Garigipati, R.<sup>#</sup>, Weber, S. M.\*, & **Weinstock, J.** (2014, November). *Does exercise engagement facilitate changes in an individual's readiness to change drinking?* Poster presented at 48<sup>th</sup> annual Association of Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Kalmi, S.<sup>#</sup>, Nelson, C. R.\*, & **Weinstock, J.** (2014, November). *Exercise to say no: Can exercise engagement increase confidence to refuse alcohol*. Poster presented at 48<sup>th</sup> annual Association of Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Nelson, C. R.\*, & **Weinstock, J.** (2014, November). *Effect of exercise on anxiety sensitivity in sedentary adults with an alcohol use disorder*. Poster presented at 48<sup>th</sup> annual Association of Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Peter, S. C.<sup>#</sup>, Wenzel, K. R.\*, & **Weinstock, J.** (2014, November). *Does engaging in exercise impact drinking consequences in non-treatment seekers?* Poster presented at 48<sup>th</sup> annual Association of Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Meyer, V., **Weinstock, J.**, & Buchanan, T. (2014, September). *Gambling disorder: Do stress and impulsivity interact?* Poster presented at the 15<sup>th</sup> annual NCRG Conference on Gambling and Addiction, Las Vegas, NV.
- Perry, J.\*, Higginbotham, J.<sup>#</sup>, Nelson, C.\*, & **Weinstock, J.** (2013, November). *Motivational intervention effects on intrinsic and extrinsic motivation to exercise in a community sample with alcohol use disorders*. Poster presented at the 47<sup>th</sup> annual convention for the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Wenzel, K. R.\*, Brett, E. I.<sup>#</sup>, & **Weinstock, J.** (2013, November). *Examining the role of negative urgency in a predictive model of bulimia nervosa*. Poster presented at the 47<sup>th</sup>

- annual convention for the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Brett, E. I. <sup>#</sup>, Wenzel, K. <sup>\*</sup>, Weber, S. <sup>\*</sup>, & **Weinstock, J.** (2013, November). *The psychometric properties of the Brief Biosocial Gambling Screen in relation to changes in pathological gambling diagnostic criteria in DSM-5*. Poster presented at the 47<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Weber, S. <sup>\*</sup>, Andrade, L., Leavens, E. <sup>#</sup>, Petry, N.M., & **Weinstock, J.** (2013, November). *Probability discounting in professional and pathological gamblers: The role of impulsivity*. Poster presented at the 47<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Bullett, E. S. <sup>\*</sup>, Allen, J. M. <sup>\*</sup>, Higginbotham, J. <sup>#</sup>, & **Weinstock, J.** (2012, November). *To exercise or not to exercise: College students' reasons for and barriers to physical activities*. Poster presented at the 46<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.
- Wenzel, K. <sup>\*</sup>, Nelson, C. <sup>\*</sup>, & **Weinstock, J.** (2012, November). *Examining exercise as an intervention for emotion dysregulation in hazardous drinking college students*. Poster presented at the 46<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.
- Leavens, E. <sup>#</sup>, Marotta, J., & **Weinstock, J.** (2012, September). *Disordered gambling in residential substance use disordered treatment centers*. Poster presented at the 13<sup>th</sup> annual National Center for Responsible Gaming Conference on Gambling and Addiction, Las Vegas, NV.
- Scott, T. L. <sup>#</sup>, & **Weinstock, J.** (2011, November). *Suicidal ideation in gamblers calling a help-line*. Poster presented at the 45<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Wadeson, H. K. <sup>\*</sup>, & **Weinstock, J.** (November 2011). *Impact of family history of problem gambling in diagnosis and treatment entry*. Poster presented at the 45<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Weinstock, J.**, Burton, S., Rash, C. J., & Moran, S. (2011, July). *Predictors of engaging in problem gambling treatment via a help-line: The West Virginia story*. Poster presented at the 25<sup>th</sup> National Conference on Problem Gambling, Boston, MA.
- Weinstock, J.**, Capizzi, J. <sup>\*</sup>, Pescatello, L. S., & Petry, N. M. (2011). *Contingency management for exercise: An intervention for hazardous drinking college students*. *Alcoholism: Clinical and Experimental Research*, 35 (Supplemental 1), 87A.
- Panza, G. A. <sup>\*</sup>, **Weinstock, J.**, Ash, G. I. <sup>\*</sup>, & Pescatello, L. S. (2011). *Validity of the Timeline Followback for exercise among college students*. *Medicine and Science in Sports and Exercise*, 43(5-Supplement 1), 321.
- Rash, C. J., **Weinstock, J.**, & Petry, N. M. (2010, November). *Drinking patterns of pathological gamblers before, during, and after gambling treatment*. Poster presented at the annual meeting National Council on Responsible Gaming (NCRG) Conference on Gambling and Addiction. Las Vegas, NV.
- Weinstock, J.**, Capizzi, J. <sup>\*</sup>, Pescatello, L. S., & Petry, N. M. (2010, November). *Exercise: An intervention for hazardous drinking college students*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.



- Weinstock, J., & Petry, N. M.** (2010, November). *Professional and pathological gamblers: Similarities and differences*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Weinstock, J.** (2009, November). *Psychosocial predictors of accessing help for gambling problems*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Weinstock, J., & Petry, N. M.** (2008, November). *Initiation of drug abstinence during contingency management substance use disorders treatment: When does abstinence happen and does it matter?* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Petry, N. M., & **Weinstock, J.** (2008, November). *Brief interventions for disordered gambling college students*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Barry, D., **Weinstock, J.**, & Petry, N. M. (2008, August). *Ethnic differences in HIV-risk behaviors among methadone maintained women*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Weinstock, J.**, Alessi, S. M., Petry, N. M., & Hanson, T. (2006, November). *Does psychiatric severity influence outcomes in contingency management substance use disorders treatments?* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Weinstock, J., & Petry, N. M.** (2005, November). *Gambling: What are the limits of moderation?* Poster presented at the annual meeting of the Association of Behavioral Cognitive Therapy, Washington, DC.
- Weinstock, J.**, Armentano, C., & Petry, N. M. (2005, November). *Prevalence and health correlates of gambling problems in substance abuse counselors*. Poster presented at the 2005 NIAAA Trainees Workshop, Indianapolis, IN.
- Weinstock, J.**, McCausland, C., Lipinski, D., Booth, A., Whelan, J. P., Meyers, A. W. (2004, November). *Gambling behavior: At what point is it harmful?* Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Weinstock, J.**, Lipinski, D., Booth, A., McCausland, C., Whelan, J. P., Meyers, A. W. (2004, November). *Classifying pathological gamblers: Accuracy of two gambling screening measures*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Weinstock, J.**, Whelan, J. P., Meyers, A. W. & King, L. (2002, August). *Gambling and alcohol problems in a frequent gambling college population*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Weinstock, J.**, Whelan, J., Meyers, A., & Donahue, K. (2001, November). *Behavioral assessment of gambling: Psychometrics of a gambling Timeline Followback*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Weinstock, J.**, Whelan, J. P., Meyers, A. W., Steenbergh, T., May, R., Donahue, K., & Floyd, K. (2000, October). *Gambling among collegiate athletes: An investigation of prevalence and pathology*. Poster presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Nashville, TN.

Van Raalte, J. & **Weinstock, J.** (1998, August). *Psychological momentum in competitive tennis*. Poster presented at the 24<sup>th</sup> International Congress of Applied Psychology, San Francisco, CA.

Brewer, B. & **Weinstock, J.** (1996, August). *The inter-rater reliability of the sport injury rehabilitation adherence scale*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.

## **GRANT SUPPORT - ONGOING**

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*“A Randomized Clinical Trial of Contingency Management for Gambling Disorder: Enhancing Treatment Retention and Outcomes”*

Type: Large Grant Agency: International Center for Responsible Gaming  
 Role: Co-Investigator Period: January 2025 – December 2026  
 The purpose of this grant is to increase adherence to cognitive behavioral therapy treatment for gambling disorder using contingency management. Dr. Meredith Ginley is the Principal Investigator.

*“Substance Use in Pregnant People - Optimizing Retention in Treatment by Maximizing Opportunities for Management (SUPPORT-MOM)”*

Type: R61/R33 (DA-062321) Agency: NIDA  
 Role: Co-Investigator Period: December 2024 – November 2030  
 The purpose of this grant is to evaluate the efficacy of contingency management (CM) among obstetric population to improve maternal substance use disorders (SUD) and moderate the impact of social determinants of health on SUD outcomes in this population. Drs. Jeannie Kelly and Ana Baumann are the Co-Principal Investigators.

*“A Preconception Health Intervention to Reduce Substance Exposed Pregnancies Among Incarcerated Women”*

Type: K23 (DA-047423) Agency: NIDA  
 Role: Co-Sponsor Period: April 2022 – March 2027  
 The purpose of this grant is to provide training for Dr. Jennifer Bello-Kottenstette to become an independent researcher with a focus on reproductive health promotion in women with substance use disorders. Dr. Jennifer Bello-Kottenstette (SLU) is the Principal Investigator.

*Missouri State Opioid Response 2.0, 3.0, & 4.0*

Type: Large grant Agency: SAMHSA  
 Role: Consultant Period: September 2020 – Ongoing  
 The purpose of the project is to build upon the system changes for Opioid Use Disorder prevention, treatment, and recovery that have been activated by Missouri's State Targeted Response grant and first State Opioid Response grant, while adding a focus on stimulant use and adding critical initiatives. Dr. Rick Gowdy is the Principal Investigator.

## **RESEARCH SUPPORT – UNDER REVIEW**

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*A Preconception Health Intervention to Reduce Substance Exposed Partner Pregnancies among Incarcerated Men*

Type: R21 Agency: NIDA

## RESEARCH SUPPORT – COMPLETED

## Don't Go There: A Geospatial mHealth App for Gambling Disorder

Type: Large grant                      Agency: National Center for Responsible Gambling  
Role: Principal Investigator          Period: July 2019 – May 2025  
The purpose of this study is to develop and test the efficacy of a GPS-based mHealth app that adapts the behavioral intervention of stimulus control to reduce/stop harmful gambling behavior. Total costs: \$172,208.

*Indiana State Opioid Response Grant*

Type: Large grant	Agency: SAMHSA
Role: Consultant	Period: December 2021 – September 2023
The State of Indiana used STR and SOR funds to address the opioid crisis in Indiana. A subcomponent of the grant was the dissemination and implementation of contingency management in addiction treatment facilities across the State. The Indiana Family and Social Services Administration was the grant recipient.	

*Developing and Implementing a Smoking Cessation Intervention through Evidence based Navigation and Collaborative Education (Team SCIENCE) among Pregnant Women with Substance Use Disorders: Adopting an Implementation Science Approach*

Type: Applied Health Research Grant      Agency: Saint Louis University  
Role: Co-Investigator      Period: May 2022 – April 2023

The purpose of this grant is conduct focus groups with relevant stakeholders about how best to adapt and implement an evidence-based smoking cessation intervention (i.e., The 5A's) in the Women and Infant Substance Help (WISH) Center at Saint Louis University. The WISH Center provides services perinatal and postnatal services for pregnant women with substance use disorders. Dr. Niraj Chavan was the Principal Investigator.

*“COPE: Creating Opioid Preparedness Education”*

Type: Opioid Workforce Expansion Program (OWEP) Professionals  
Agency: Heath Resources & Service Administration  
Role: Key Personnel Period: September 2019 – August 2023  
The purpose of this grant is to enhance community-based experiential training for graduate students preparing to become behavioral health professionals with a focus on opioid use disorder and other substance use disorders prevention, treatment, and recovery services.  
Total Costs: \$1,050,013. Dr. Fred Rottnek was the Principal Investigator.

*“Scaling Up Integrated Behavioral Health Treatment for OUD: Engaging Primary Care and Tele-Health”*

Type: Graduate Psychology Education  
Agency: Health Resources & Services Administration  
Role: Assistant Director                      Period: September 2019 – August 2022

The purpose of this grant is to train pre-doctoral clinical psychology students to provide integrated, interdisciplinary, behavioral health and opioid use disorder and other substance use disorder prevention and treatment services in high need and high demand areas. Total Costs: \$820,175. Dr. Terri Weaver was the Principal Investigator.

*Informing Prevention by Modeling Associations between Physical Activity and Alcohol Consumption*

Type: R21 Agency: National Institute on Alcohol Abuse, Alcoholism  
Role: Consultant Period: September 2018 – August 2021

This project evaluates levels of association (within and between) and potential moderators (e.g., joint motives, sex differences) of the relationship between physical activity (PA) and alcohol consumption among young adult drinkers. Total costs: \$224,243. Clayton Neighbors (University of Houston) was the Principal Investigator.

*“Changes in Gambling Behavior Due to COVID19”*

Type: Seed grant Agencies: INCHIP, University of Connecticut; SLU  
Rapid Response COVID-19 Seed Funding

Role: Co-Principal Investigator Period: April 2020 – December 2020

The purpose of this study is to examine in individuals with gambling problems changes in gambling and other addictive behaviors that occur with abrupt cessation of gambling opportunities due to the COVID19 pandemic. Dr. Carla Rash was Co-Principal Investigator. Total costs: \$12,899.

*“Center for Healthy Living”*

Type: Big Idea Grant Agency: Saint Louis University

Role: Co-Principal Investigator Period: May 2018 – May 2020

The purpose of this grant is to convene a group of academic researchers at Saint Louis University to explore the feasibility of an academic research center that conducts and disseminates research on wellness that is fostered and supported across the social-ecological landscape. Dr. Tricia Austin was the Principal Investigator. Total costs: \$10,000.

*“External Expert Reviews of Dr. Weinstock’s NIH Grant”*

Type: Spark Agency: Saint Louis University

Role: Principal Investigator Period: January 2019 – April 2019

The purpose of this funding was to solicit expert feedback on a recently submitted unsuccessful NIH grant application entitled, “*Exercise: A self-regulatory intervention for alcohol use disorder non-treatment seekers*”. Total costs: \$1,000.

*“Exercise: Addressing Stress in Relapse Prevention in Substance Use Disorders”*

Type: R01 (DA-033411-01A1) Agency: NIDA

Role: Principal Investigator Period: April 2013 – March 2019

The purpose of this study is to examine the utility of exercise as a relapse prevention strategy for individuals with substance use disorders. The biological response to stress will be specifically examined in relation to engagement in exercise and relapse. Total costs: \$1,685,601.

*“Diurnal Cortisol Dynamics and Gambling Disorder”*

Type: Seed Grant Agency: National Center for Responsible Gambling  
Role: Co-Investigator Period: June 2016 – December 2017  
The goal of this study is to characterize the relation between stress physiology and sensitivity to reward and punishment. Dr. Tony Buchanan is the Principal Investigator. Total Costs: \$31,804

*“Characterization of Pathological Gambling as an Addictive Disorder”*

Type: Large Grant Agency: National Center for Responsible Gambling  
Role: Principal Investigator Period: April 2013 – March 2016  
The overarching purpose of this study is to examine pathological gambling’s conceptualization as an addiction and to elucidate common etiological factors and pathways to addiction, including stress reactivity. Total Costs: \$168,884.

*“Exercise as Alcohol Use Disorders Intervention for Non-Treatment Seeking Adults”*

Type: R03 (AA-020194) Agency: NIAAA  
Role: Principal Investigator Period: September 2010 – August 2013  
The purpose of this study is to provide additional funds for a non-NIH funded project that investigates exercise as an intervention for non-treatment seeking adults in the community with alcohol use disorders. Total Costs: \$75,000.

*“Lifestyle Intervention ForEver: Healthy Weight for Pregnancy and Birth”*

Type: Presidential Agency: Saint Louis University  
Role: Co-Principal Investigator Period: February 2012 – February 2014  
The purpose of this pilot randomized clinical trial is to assess the feasibility of the Lifestyle Intervention ForEver (LIFE) program compared to routine care in pregnant obese women. The LIFE program has two components: nutrition and exercise. Dr. Raul Artal was Co-Principal Investigator. Total Costs: \$50,000.

*“Efficacy of a Personalized Feedback Intervention at Reducing Gambling Behaviors among College Students.”*

Type: Large Grant Agency: National Center for Responsible Gambling  
Role: Consultant Period: January 2011 – December 2013  
The purpose of this study is to investigate brief interventions for disordered gambling in college students. Dr. Matthew Martens was the Principal Investigator.

*“Progressive Muscle Relaxation with or without Exercise for the Treatment of Night Eating Syndrome.”*

Type: Presidential Agency: Saint Louis University  
Role: Consultant Period: August 2011 – August 2013  
The purpose of this randomized clinical trial is to examine the efficacy of progressive muscle relaxation (PMR) and PMR plus moderate exercise in contrast to an attention-control group for the treatment of Night Eating Syndrome. Dr. Jillon Vander Wal was Principal Investigator.

*“Exercise as an Alcohol Use Disorders Intervention for Sedentary Non-Treatment Seeking Adults.”*

Type: UCHC/Storrs Campus Incentive Grants Agency: University of Connecticut

Role: Principal Investigator Period: January 2010 – June 2012

The purpose of this study is to investigate exercise as an intervention for non-treatment seeking adults in the community with alcohol use disorders. Total Costs: \$100,000.

*“Motivational Interventions for Exercise in Hazardous Drinking College Students.”*

Type: R21 (AA-017717)

Agency: NIAAA

Role: Principal Investigator

Period: June 2009 – May 2012

The purpose of this study is to investigate exercise promotion as an intervention in sedentary hazardous drinking college students. Total Costs: \$427,129.

*“Exercise: An Intervention for Hazardous Drinking College Students.”*

Type: P60 (AA-003510)

Agency: NIAAA

Role: Principal Investigator – Pilot study

Period: September 2008 – June 2010

The purpose of this pilot study is to investigate the promotion of exercise in hazardous drinking college students. Total Costs of Pilot: \$50,000. Victor Hesselbrock, Ph.D. was Principal Investigator of the P60.

*“Physical Activities to Improve Quality of Life Among Opiate Agonist Patients.”*

Type: Large Faculty Grant

Agency: University of Connecticut

Role: Co- Investigator

Period: September 2009 – August 2010

The purposes of the pilot project are to examine the effects of exercise on physical and psychological wellbeing among methadone maintenance patients. Jaci L. VanHeest, Ph.D. was Principal Investigator.

*“Recovery Enhancement with Awards Enhancement with Awards Research Dissemination.”*

Type: P30 (DA0023918)

Agency: NIDA

Role: Co-Investigator

Period: September 2009 – June 2010

The purpose of the REWARD Center grant is to improve collaborative efforts across contingency management (CM) projects, with core aims of centralizing administration, data management and analyses, and dissemination of CM procedures. Nancy M. Petry, Ph.D. was Principal Investigator.

*“Validating the Four E’s Scale as a Predictor of Gambling Behaviors and Gambling Problems: A Cross-Cultural Comparison of Canadian and American College Students.”*

Type: Major Research Grant Proposal

Agency: Alberta Gaming Research Institute

Role: Co-Investigator

Period: January 2009 – December 2011

The purpose of the study is to evaluate the psychometric properties of a problem-gambling measure and gambling behavior and correlates of a cross-cultural sample of Canadian and American college students. Stephen McDaniel, Ph.D. was the Principal Investigator.

*“Healthy Activities for Prize Incentives.”*

Type: R01 (DA-022739)

Agency: NIDA

Role: Co-Investigator

Period: June 2008 – June 2010

The purpose of this study is develop and refine contingency management (CM) that focuses on improving health, especially as related to increasing low intensity physical activities in HIV+ substance use disordered individuals. Nancy M. Petry, Ph.D. is Principal Investigator.

*“A Pilot SMART Design for Pathological Gamblers.”*

Type: P50 (DA-009241)

Agency: NIDA

Role: Co-Investigator – Pilot Study

Period: January 2008 – June 2010

The purpose of the pilot study is to investigate the treatment efficacy of various treatment intensities according to a patient's initial response to pathological gambling treatment. Bruce Rounsaville, Ph.D. was the Principal Investigator of the P50.

*“Brief Therapies for Frequent Gambling Substance Abusers.”*

Type: R01 (DA-021567)

Agency: NIDA

Role: Co-Investigator

Period: June 2007 – June 2010

This project will evaluate the efficacy of brief interventions for individuals seeking treatment for substance use disorders who also have gambling problems. Nancy M. Petry, Ph.D. was Principal Investigator.

*“Group-Based Contingency Management/Outpatient Treatment.”*

Type: R01 (DA-018883)

Agency: NIDA

Role: Co-Investigator

Period: 2006 – 2009

The purpose of the grant is to evaluate the efficacy of prize-based CM when administered exclusively in a substance use disordered group treatment setting. Nancy M. Petry, Ph.D. was Principal Investigator.

*“Lower-Cost Contingency Management in a Group Setting.”*

Type: R01 (DA-014618)

Agency: NIDA

**Role: Project Manager & Research Clinician**

Period: 2004 – 2007

This grant evaluated the efficacy of the prize-based contingency management technique in enhancing attendance, reducing drug use, and improving health among clients attending HIV drop-in centers. Nancy M. Petry, Ph.D. was Principal Investigator.

*“Cognitive-Behavioral Treatments/Pathological Gambling.”*

Type: R01 (MH-060417)

Agency: NIMH

Role: Research Clinician

Period: 2004 – 2008

The purposes of the grant are to evaluate CBT treatments for pathological gambling. Nancy M. Petry, Ph.D. was Principal Investigator.

*“Brief Interventions for Disordered Gambling in College Students.”*

Type: P50 (DA-009241)

Agency: NIDA

Role: Research Clinician – Pilot Study

Period: 2006 – 2007

This grant evaluated the efficacy of brief interventions for problem and pathological gambling college students. Bruce Rounsaville, Ph.D. was the Principal Investigator of the P50.

*“Post-Doctoral Training Program in Alcohol Studies”*

Type: T32 (AA-007290)

Agency: NIAAA

Role: Post- Doctoral Fellow

Period: 2004 – 2006

The purpose of this grant is to provide post-doctoral fellows with a common knowledge base in alcohol research theory and methods. Lance Bauer, Ph.D. was the Principal Investigator.

## SERVICE TO THE PROFESSION

Assistant & Associate Editor – *Addiction* (Assistant: 2012 - 2019; Associate: 2019-Present)

Guest Editor, Special Issue – *Cognitive and Behavioral Practice* (2024-2025)

Invited Reviewer – Draft of SAMHSA Technical Assistance Publication on Contingency Management (2024)

Consulting Editor – *Psychology of Addictive Behaviors* (2019 - 2023)

Scientific Advisory Board Member – *Kindbridge Research Institute* (2021)

Editorial Board Member – *International Gambling Studies* (2017 – 2020)

Editorial Board Member – *Addiction Research and Theory* (2010 - 2018)

Guest Editor, Special Issue – *Journal of Substance Abuse Treatment* (2016)

Ad Hoc Peer Reviewer – *Addiction, Addictive Behaviors, Alcoholism: Experimental and Clinical Research, American Journal on Addictions, Asian American Journal of Psychology, Behavior Modification, BMC Psychiatry, BMC Psychology, CNS Spectrums, Drug and Alcohol Dependence, International Gambling Studies*<sup>#</sup>, *Journal of American College Health, Journal of Applied Sport Psychology, Journal of Clinical Psychology, Journal of Consulting and Clinical Psychology, Journal of Contemporary Psychotherapy, Journal of Gambling Issues, Journal of Gambling Studies, Journal of Psychiatric Research, Journal of Substance Abuse Treatment, Mental Health & Physical Activity, Pharmacology, Biochemistry and Behavior, Psychiatry Research, Psychological Medicine, Psychology of Addictive Behaviors, Substance Abuse*<sup>\*</sup>, *Substance Abuse Treatment, Prevention, and Policy*

<sup>#</sup>recognized as providing outstanding reviews in 2011;

<sup>\*</sup>recognized as providing an exception level of service in 2013

Grant Application Reviewer – *Ontario Problem Gambling Research Centre* (2006; 2012)

Grant Application Reviewer – *Alberta Gaming Research Institute* (2007-2021 – 6 times)

Grant Application Reviewer – *International Center for Responsible Gaming* (2016-Present)

Grant Application Reviewer – *Washington University in St. Louis, Institute of Clinical and Translational Sciences – Opioid Epidemic Pilot Funding Program* (2018)

Grant Application Reviewer – *Washington University in St. Louis, Institute of Clinical and Translational Sciences* (2022)

Grant Application Reviewer – U.S. – *Israel Binational Science Foundation* (2019-2021)

Conference Program Committee Member – *Association of Behavioral and Cognitive Therapies* (2014 – present)

Leader – *Addictive Behaviors Special Interest Group, Association for Behavioral and Cognitive Therapies* (2016- 2018)

Trainer – Contingency Management Training (2020 – present)

- Missouri State Opioid Response 2.0 – Treatment of Stimulant Use Disorder with Contingency Management
- Indiana State Opioid Response Grant – Evidence-Based Interventions

Trainer – Pathological Gambling Treatment (2011-2012)

- California Office Problem Gambling - Treatment Service Training Program

## **SERVICE TO THE UNIVERSITY**

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Co-Leader, Provost's Team 3, Work Group D – Size & Scope of SLU (2024-2025)

Member, College of Arts & Sciences Dean Search Committee (2022-2023)

Member, Taylor Geospatial Institute Strategic Hiring Committee (2022-2023)



Coach - Office of the Vice President for Research BILCN grant writing cohort program (2021-2023)  
Member – SLU Science and Engineering Research Council (2022-2023)  
Member – SLU Institutional Review Board [Board #3] (2015-2023)  
Member – SLU Applied Health Research Council (2019-2021)  
Committee Chair – Research Misconduct Complaint Inquiry (2016)  
Working Group Member – SLU Research Participant Payment Policy Revision (2015-2016)  
Grant Application Reviewer – SLU President’s Research Fund (2012-2015)  
Grant Application Reviewer – SLU Beaumont Research Fund (2013)  
Panel Member – SLU Grantsmanship Boot Camp Seminar (2012)  
Presenter - SLU School of Medicine Pediatric Resident Noon Conference (2011)  
Presenter - SLU Human Resources Health and Wellness Series (2012-2013)  
Discussion Leader – SLU First-Year Summer Reading Program (2012)

## **SERVICE TO THE COLLEGE**

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College of Arts & Sciences – Research Advisory Council (2022-2024)  
SLU 101 – Psychology Department Representative (2011-2015, 2018, 2019)  
Participant - Undergraduate Admissions Faculty Web Chat (2011)  
Faculty Participant – Undergraduate Admissions Recruitment (2014, 2016, 2019)

## **SERVICE TO THE DEPARTMENT**

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Faculty Coordinator – Clinical Program APPIC Predoctoral Internship (2011)  
Faculty Coordinator – Clinical Program Written Preliminary Examinations (2012 - present)  
Faculty Judge – Annual Psychology Capstone Symposium (2011, 2012, 2015, 2023)

## **THESIS AND DISSERTATION COMMITTEES SERVED**

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### ***Thesis Chairs***

Casey Nelson – Thesis Committee Chair; Saint Louis University (2013)  
Kevin Wenzel – Thesis Committee Chair; Saint Louis University (2013)  
Laura April – Thesis Committee Chair; Saint Louis University (2016)  
Catherine Baxley – Thesis Committee Chair; Saint Louis University (2017)  
Andrew McGrath – Thesis Committee Chair; Saint Louis University (2018)  
Lindsey M. Poe – Thesis Committee Chair; Saint Louis University (2019)  
Maria Meinerding – Thesis Committee Chair; Saint Louis University (2020)  
Lindsay Thomas – Thesis Committee Chair; Saint Louis University (2022)  
Margaret Paul – Thesis Committee Chair; Saint Louis University (2023)  
Lauren Borato – Thesis Committee Chair; Saint Louis University (2023)  
Kellen Blum – Thesis Committee Chair; Saint Louis University (2024)  
Keegan Sawin – Thesis Committee Chair; Saint Louis University (2025)

### ***Thesis Committees***

Timothy J. Walker – Thesis Committee Member; University of Connecticut, Storrs (2010)  
Gregory Panza – Thesis Committee Member; University of Connecticut, Storrs (2011)  
Jordanna Riebel – Thesis Committee Member; Saint Louis University (2011)  
Matthew Wogskch – Thesis Committee Member; University of Connecticut, Storrs (2011)

LeSheena Barnes – Thesis Committee Member; Saint Louis University (2012)  
 Danielle Gagne – Thesis Committee Member; Saint Louis University (2013)  
 Joanne Perry – Thesis Committee Member; Saint Louis University (2014)  
 Leandrea Caver – Thesis Committee Member; Saint Louis University (2014)  
 Julie Smailys – Thesis Committee Member; Saint Louis University (2015)  
 Nichole Hurless – Thesis Committee Member; Saint Louis University (2016)  
 Alicia Kaufman – Thesis Committee Member; Saint Louis University (2017)  
 Sara McMullin – Thesis Committee Member; Saint Louis University (2017)  
 Chadsley M. Wessinger – Thesis Committee Member; Saint Louis University (2018)  
 Kristen Chuvala – Thesis Committee Member; Saint Louis University (2018)  
 Luke Evans – Thesis Committee Member; Saint Louis University (2019)  
 Amina Avion – Thesis Committee Member; Saint Louis University (2019)  
 Vanshika Gupta – Thesis Committee Member; Saint Louis University (2019)  
 Austin Burns – Thesis Committee Member; Saint Louis University (2020)  
 Isabella Fiorenzo – Thesis Committee Member; Saint Louis University (2021)  
 Jewell Dehon – Thesis Committee Member; Saint Louis University (2024)  
 Sydney Bell – Thesis Committee Member; Saint Louis University (2024)

### ***Doctoral Orals Committees***

Elisha Mitchell – Doctoral Orals Examination Committee; Saint Louis University (2011)  
 Erin S. Bullet – Doctoral Orals Examination Committee; Saint Louis University (2011)  
 Heather Wadeson – Doctoral Orals Examination Committee; Saint Louis University (2012)  
 Jeane Bosch – Doctoral Orals Examination Committee; Saint Louis University (2015)  
 Leandrea Caver – Doctoral Orals Examination Committee; Saint Louis University (2015)  
 Katherine Kelton – Doctoral Orals Examination Committee; Saint Louis University (2019)  
 Jeffrey Shulze – Doctoral Orals Examination Committee; Saint Louis University (2019)  
 Isabella Fiorenzo – Doctoral Orals Examination Committee; Saint Louis University (2022)  
 Madison Streb – Doctoral Orals Examination Committee; Saint Louis University (2024)  
 Sarah Hanske – Doctoral Orals Examination Committee; Saint Louis University (2025)  
 Irelan Fricke – Doctoral Orals Examination Committee; Saint Louis University (2025)  
 Sydney Bell – Doctoral Orals Examination Committee; Saint Louis University (2025)

### ***Dissertation Chairs***

Kevin Wenzel – Dissertation Committee Chair; Saint Louis University (2015)  
 Casey Nelson – Dissertation Committee Chair; Saint Louis University (2016)  
 Laura April – Dissertation Committee Chair; Saint Louis University (2018)  
 Kyler Mulhauser – Dissertation Committee Chair; Saint Louis University (2018)  
 Catherine Baxley – Dissertation Committee Chair; Saint Louis University (2020)  
 Andrew McGrath – Dissertation Committee Chair; Saint Louis University (2021)  
 Lindsey Poe – Dissertation Committee Chair; Saint Louis University (2022)  
 Maria Meinerding – Dissertation Committee Chair; Saint Louis University (2024)  
 Lindsay Thomas – Dissertation Committee Chair; Saint Louis University (ongoing)  
 Lauren Borato – Dissertation Committee Chair; Saint Louis University (ongoing)  
 Kellen Blum – Dissertation Committee Chair; Saint Louis University (ongoing)  
 Margaret Paul – Dissertation Committee Chair; Saint Louis University (ongoing)

### ***Dissertation Committees***

Terri-Lynn MacKay – Dissertation Committee Member; University of Calgary (2011)  
Jennifer Allen – Dissertation Committee Member; Saint Louis University (2014)  
Joanne Perry – Dissertation Committee Member; Saint Louis University (2016)  
Toni Maraldo – Dissertation Committee Member; Saint Louis University (2017)  
Ashley Hansen – Dissertation Committee Member; Saint Louis University (2018)  
Taylor Montgomery – Dissertation Committee Member; Saint Louis University (2018)  
Maxwell Christensen – Dissertation Committee Member; Sam Houston State University (2023)  
Ashley Doonan – Dissertation Committee Member; Saint Louis University (2023)  
Monica Grace – Dissertation Committee Member; Saint Louis University (ongoing)  
Jacob Arrett – Dissertation Committee Member; Saint Louis University (ongoing)  
Samantha Baumgardener – Dissertation Committee Member; Saint Louis University (ongoing)  
Adam Haag – Dissertation Committee Member; Saint Louis University (ongoing)

## COMMUNITY SERVICE

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Grant Rounds Presenter – Contingency Management for Addictions 2013, 2015, 2019  
VA St. Louis Health Care System - Substance Use Disorders Team

**Small Group Therapist** 2000-2004; 2006-2007  
Camp Good Grief  
Baptist Trinity Hospice, Memphis, Tennessee

- Bereavement group therapist for two separate 3-day bereavement camps, one for children and one for adolescents.

## PROFESSIONAL MEMBERSHIPS & AFFILIATIONS

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Member – *Association for Behavioral and Cognitive Therapies*  
Member – *American Psychological Association (Divisions 47 & 50)*  
Member – *Research Society on Alcoholism*  
Member – *National Council on Problem Gambling*  
Affiliate – *University of Connecticut, Center for Health, Intervention, and Prevention (CHIP)*

## REFERENCES

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